



2025 Newsletter

Agnes Mathilde Wergeland

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Lodge #52

Willamette Valley, Oregon

This may be viewed by the public

Producer & Editor: Jean Payne



Colorful landscape of Lofoten Islands, Norway

Meetings

There will be no meetings this month. Enjoy the month. Remember to be Thankful for all blessings big & small.



National Birds



Candice will be doing her articles on National Birds. Though the turkey is no ones national bird...it's November so we have to include that bird too! I will be focusing on interesting tidbits of information this month, most have been sent by you at some point & I have saved them for a future newsletter--this is it!--see many of them through out this newsletter.



\$40.00

for the year of 2026.

Please mail check or money order (no cash please) to Jill at:

Jill Arnold

1904 Terresa Ave.

Eugene, OR 97408-1661

November Celebrations

**Kathy
Nov. 16
Birthday**

Celebrate Everyday



**Dues is due NO LATER THAN
DECEMBER 31, 2025**

Stamps for the Wounded

<https://www.stampsforthewounded.org/>

Representative Shirley



KEEP COLLECTING & SAVING THOSE STAMPS!

Shirley has sent 2025's.

We will continue saving stamps for Stamps for the Wounded Project. Please save all of your stamps until the Jan. 2026 meeting. The box will be next to the door to put them in. Remember Holiday time is a perfect time for stamp collecting.

Stay Connected

Email: daughtersofnorway52@gmail.com

Face Book: <http://www.facebook.com/groups/amw52>

Email us with questions or comments. Check out our Face Book page. We try to post Scandinavian items often & we do post pictures of our in-person meetings.



Information (Informasjon)

Introducing Your Officers for 2026



**Judge
Jean**

President Kathy



**Vice
President
Linda**



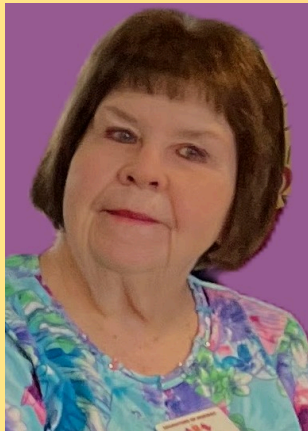
**Treasurer
Ellen**



**Secretary
Kae**



**Financial
Secretary
Jill**



**Marshall
Lamae**



**Cultural Director
Amey**



Trustees 2year



Marie

3 year



Colleen

1 year



Katrine

**Historian,
Librarian,
Sunshine Lady
Shirley**



Information (Informasjon)

Marlene Turner

Posted on FB 9-21-25 by April Stricklan (daughter)

Come laugh, cry, and join us as we remember and honor the lives of two extraordinary souls—our beloved parents. Their love, kindness, and wisdom touched everyone they met. We look forward to gathering with family and friends not only to grieve their loss, but to celebrate the joy, laughter, and memories they gave us.

Together, let us honor their journey, cherish their memory, and find comfort in the love that will forever remain in our hearts.

Military Service for Michael will be
Nov. 14 3:00 pm
Willamette Cemetery, Portland in
the Pavillion

Celebration of Life Info:

Sunday, Nov. 16 3:00pm
Corvallis Museum
411 SW 2nd St.
Corvallis, OR

A loving couple, remembered together.



Committee

Our budget committee; consisting of Ellen, Jill, Linda, Carol & Shirley (Candice will be doing research) will be working through December to plan expenses for next year to include a group trip for the May meeting & a celebration plan for our 15th year Anniversary next October. If you have ANY suggestions for either of the above or anything else concerning budgeting, please text, email or call one of the above.

Culture for Next Year-Amey

Amey is considering the following subjects for culture next year. If you have an suggestions for other topics or following through (possible speakers, etc.) please contact Amey.

- Woven Hearts-craft
- Field Trip-have several suggestions
- Book Exchange-Mystery
- Genealogy-Kathy
- Bunads-different areas
- Soljia Jewelry-speaker?
- Puzzle pieces-craft
- Immigrant women in the frontier
- Exchange Student Speaker

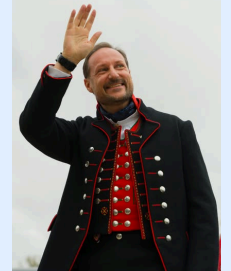
The Sloop Restauration

arrives in North America-October 9, 2025

<https://crossings.norwegianamerican.com/>



The sloop Restuaurtion docked in New York Harbor as scheduled Oct. 9 with a lot of fan fare & celebration. His Royal Highness Crown Prince Haakon of Norway was welcomed at several events from Oct. 6-9 in Iowa, Minnesota & finally in New York where he welcomed the Restauration. The above link has a calendar of ongoing events as well as the landing.



The following links gives a report on his tour and the landing of the Restauration:

<https://www.facebook.com/vesterheimmuseum/>
Sons of Norway: [texthttps://www.sofn.com/virtual-voyage/](https://www.sofn.com/virtual-voyage/) <https://vesterheim.org/>

Special Notice from Traci

We have a new freezer being delivered Thursday Oct 30, which means I have an operating NON self-defrosting freezer to get rid of. This is one you original members may recall that's best for baked goods, because newer freezers remove humidity multiple times per day, and a home ec teacher in the Bellingham lodge schooled us on properly saving our goodies to sell at festival. Since I live in Peoria, no one ever used it. But if we got it delivered, does anyone want to keep it for this purpose? Speak quickly!

Our freezer at Linda's wasn't large enough this year, and although Lynn generously took our goods, that stuck her with deliveries, and that's too much for one person.

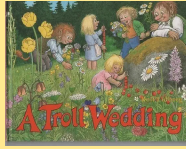
Please let me know via phone or text, preferably ASAP if you have an answer! Maybe those with connections to the church could ask?



November is Writers Month

Author Rolf Lidberg-Submitted by Judy
https://en.wikipedia.org/wiki/Rolf_Lidberg

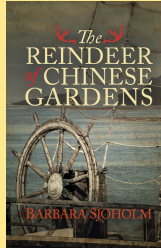
A delightful story of 5 troll children that embark on an adventure to help a young troll find the rare wedding flower needed for his fiancée's bridal bouquet. A good family read.



Author Barbara Sjöholm

<https://barbarasjoholm.com/scandinavia-sapmi-lapland/the-reindeer-of-chinese-gardens>

Sounds like an interesting story set in 1897. A novel of friendship, love, loss, and motherhood, *The Reindeer of Chinese Gardens* is the story of a remarkable woman who learns to steer a new course in a new country.



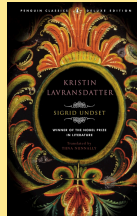
Author Sigrid Undset

<http://www.mnc.net/norway/SigUnd.htm>

Sigrid Undset won the Nobel for literature in 1928.

The Kristin Lavransdatter Trilogy

This trilogy is the first great story founded upon the normal events of a normal woman's existence. Set in 14th-century Norway, Kristin is rebellious and determined to live by her own rules, often disobeying her parents and ignoring others' warnings. From forbidden love to balancing motherhood with inner conflict, this trilogy follows Kristin from birth to death in *The Garland*, *The Mistress of Husaby* and *The Cross*. It is as great and as rich, as simple and as profound, as such a story should be."



All books can be found on Amazon. The trilogy can be purchased as 1 book or 3.

Winnie the Pooh

It's been quite the journey for Winnie-the-Pooh who celebrates his 100th birthday this year!



"The whole world is a series of miracles, but we're so used to them we call them ordinary things."
 (Hans Christian Andersen)



They're Renovating the Organ
 Submitted by Traci

<https://www.svenskakyrkan.se/jonkoping/jag-alskar-uppfinningsrikedomen-som-kravs->

My cousin's daughter is learning the trade! Though this is in Swedish, I used google translate & got most of it ok.



Submitted by Jill



A publisher made a \$50 bet in 1960 that Dr. Seuss couldn't write a book using only 50 different words. Seuss won the bet with *Green Eggs and Ham*, which became one of the best-selling children's books of all time.

Did You Know?

- The delightful smell of old books is called **bibliosmia** (also known as the "book smell")
- Norwegians read more than any other population in the world, spending an average of 500 kroner (~ US\$76) a year per capita on books.
- More than 2,000 book titles are published annually in Norway.



I Opened a Book

"I opened a **book** and in I strode.
 Now nobody can find me.
 I've left my chair, my house, my road,
 My town and my world behind me.
 I'm wearing the cloak, I've slipped on the ring,
 I've swallowed the magic potion.
 I've fought with a dragon, dined with a king
 And dived in a bottomless ocean.
 I opened a book and made some friends.
 I shared their tears and laughter
 And followed their road with its bumps and bends
 To the happily ever after.
 I finished my book and out I came.
 The cloak can no longer hide me.
 My chair and my house are just the same,
 But I have a **book** inside me."

— Julia Donaldson

Information (Informasjon)

Check It Out

Janet Ruud: Did a Native American travel with the Vikings and arrive in Iceland centuries before Columbus set sail?

<https://www.facebook.com/photo?fbid=122236087778191309&set=a.122112533852191309>



Kon-Tiki Museum in Oslo

<https://www.facebook.com/watch/?ref=saved&v=1229414042535182>



Candice Watson: Iceland safest country
https://worldpopulationreview.com/country-rankings/safest-countries-in-the-world#google_vignette



Traci: 3 swords explained in video:
<https://www.facebook.com/reel/1015827774059613>



Did You Know?

The fastest bird, the spine-tailed swift, can fly at speeds of up to 106 mph. (The peregrine falcon is even faster at 108 mph.)



Submitted by Traci



In medieval Germany, married couples could legally settle disputes through "marital duels." To level the field, the man fought from a pit with one arm bound, while the woman, fully mobile, wielded a sack of stones as her weapon.

FEEDING AMERICA

What to donate to a food bank and what to avoid
<https://www.feedingamerica.org/hunger-blog/what-donate-food-bank-and-what-avoid>

Submitted by Linda

A very interesting & helpful list if you plan to donate. Please take note.

Faith Lutheran Church News

<https://www.faithlutheranjc.org/newsletters>

Giving Opportunities,
Sisters we can also help.

Bring items to meetings & take upstairs

Bunches of Lunches: (BOL) Leave your donations of fruit cups and/or applesauce cups in the blue tote in the hall.



Bring your empty egg cartons to the hall, Larry will deliver to Local Aid for use.



Help For Low Income Pets & their people. Collecting warm socks, hats and gloves for people on the street (neighbors in Christ), place your donations in the marked box in the fellowship hall.



Also, pet food (Kitty and Fido didn't like the new food you bought?) donate it... I take opened bags! Sandy W.

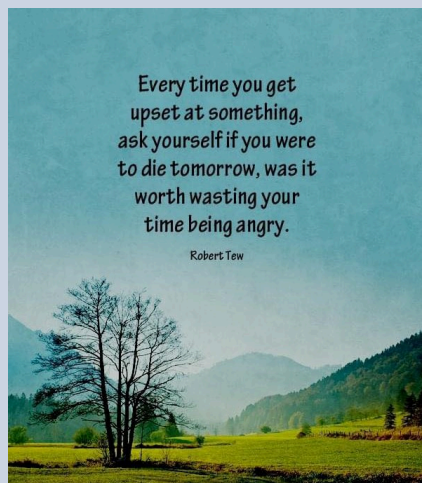
Donate your returnable cans and bottles. Use the blue bags found in the parish hall.



Noteworthy Saying

Every time you get upset at something, ask yourself if you were to die tomorrow, was it worth wasting your time being angry.

Robert Tew



Member News (Medlemsnyheter)



Traci

Went to the Yachats Mushroom Festival on Oct. 18.



Traci

Oct. 21, I'm busy packaging white chicken chili, one of 60 food products being sold at Galleria this weekend for Assistance League. Got them finished early so that tomorrow I can bake 1200 shortbread cookies.



Judy

3 Pacific Lutheran University graduates, me & my sisters all graduates; Judy graduated in 1975 with a BA in teaching, Janis graduated in 1971 with a RNursing degree, & Carol graduated in 1969 with a teaching degree. Carol and Janis came for supper in September.

This picture was kind of fortunate because I have been working on the 50th class reunion from graduation from PLU this summer. I didn't actually get to attend the reunion because I was sick in bed with a sinus infection, but from the pictures I saw, it looks like everyone had fun.

Jill

I attended a N W Natural Gas retiree luncheon at Papa's Pizza (Coburg Rd) on Tuesday, Oct 21. I've been organizing our quarterly get togethers recently. When you work somewhere for 36 years, these people are your family!



Katrine



should be in Oregon now. The 3 links were posted weekend of Oct. 11, by her daughter.

<https://www.facebook.com/reel/1487280552422197/>

<https://www.facebook.com/reel/1055874429806756/>

<https://www.facebook.com/reel/1132571041761795/>

Karen P.

I am enjoying being in the Bell Choir at Central Lutheran Church! After the Christmas party at Judy's 1-3 on December, you are welcome to come hear me play when there will be Christmas Lessons and Carols at 4:30 at Central Lutheran at 18th and Potter in Eugene.



Lynn

I just wanted to let everyone know that I've signed up for a table at Yule Festival on December 5 & 6th at Fletchall Hall.

I'll be offering a build your own cookie plate, some cute gnome cakepops, some craft items combined with treats, and also some chocolate truffles. I'm also giving away a chocolate sleigh filled with treats. Each purchase gets an entry into my drawing.

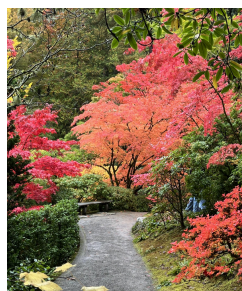


Emily

Had a wonderful birthday wandering around Seattle! Ate some of my favorite foods, almond croissant for breakfast and Indian for dinner, and some delicious udon with beef and salty plum. Was a perfect grey windy day at the Japanese garden, and then saw some Japanese horror at a cool little indie movie house. Thanks for the birthday wishes everyone!

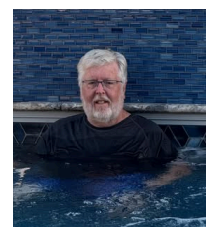
Kathy

<https://www.facebook.com/luvmykid> went to a Halloween House Party on Friday, Oct. 24. See her FB page for videos. Had a REAL lightening strike as well.



Lynn

Worked several hours outside today (Oct. 30) in the beautiful sunshine hauling concrete blocks, wagon loads of dead plants from my pots, and very dirty tarps from our newly built garden fencing. It was a glorious day, which then called for a relaxing dip in the spa. Had the best view of the sun going behind the trees in the west while watching our newly installed flag wave in the wind.



Meeting Information (møteinformasjon)

October Meeting-October 18, 2025

We had a stupendous last meeting of 2025, 19 members present!!! Kathy led us through Elections (see page 2). We had short discussions pretaining to budget & culture, then Officer Reports & some short good of the order discussions, then on to Abby's Pizza Parlor. We enjoyed 3 large pizzas (Hawiaan, Vegetarian, & Combination) & cake & lots of visiting.



Our Sister Lodge

<https://www.daughtersofnorway.org/>

Submitted by Amey

Queen Maud #42

in Carson City, Nevada was founded October 20, 2001. They meet the third Saturday of the month at 10am at a Lutheran church, skipping July and August. The lodge hosts an annual one-day Scandinavian festival in October, with Nordic crafts, gifts, foods, music, demonstrations, samples and exhibits. They participate in Snowshoe Thompson Days (honoring the famous winter mailman of the Sierra Nevada). A Queen Maud member wrote the song "We're Proud to be Daughters of Norway", which has become the GL's anthem.



Lodge Name

The lodge is named after Queen Maud of Norway, born in London to the Prince and Princess of Wales, who would later become King Edward VII and Queen Alexandra. She married her first cousin, Prince Charles/Carl of Denmark, the second son of King Frederick VIII. When Norway separated from Sweden in 1905, Prince Carl was offered the Norwegian crown, and ruled as King Haakon VII until his death in 1957. Their son was born in England and became King Olav V, who ruled until 1991. The current reigning Norwegian monarch is his son King Harold V, Queen Maud's grandson. Queen Maud earned admiration for supporting charitable organizations and the arts. She adopted Norwegian culture, but as the granddaughter of Queen Victoria she considered Great Britain her true home, and visited every year. She upgraded the stables of the royal palace in Oslo and added English gardens to several royal residences.



Fashion Of Bygone Days submitted by Traci

French ball gown worn by Queen Maud of Norway, 1900s. Collection of the National Museum of Art, Architecture and Design, Oslo, Norway. Queen Maud of Norway was renowned for her stylish dress. Daughter of Edward VII and Queen Alexandra of Denmark, she was born a princess and became Queen of Norway.

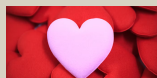


Saying

Submitted by Kae

The real Luxuries in life:

time
health
a quiet mind
slow mornings
ability to travel
rest without guilt
a good night's sleep
calm and "boring" days
meaningful conversations
home-cooked meals
people you love
people who love you back



Interesting Fact

Submitted by Traci



Over 50 years ago, Norway discovered oil in the North Sea. Instead of spending the revenue, the country invested it into a sovereign fund that's now worth \$1.8 trillion—one of the world's largest, helping fund Norway's welfare system.

Nov. 1 is Lutfiskens Dag in Sweden

Dec. 9 in Minnesota



This is a dish that's served across the Nordic countries and parts of North America where those immigrants typically settled. It is called lutefisk (in Norwegian) or lutfisk (in Swedish), ludefisk (in Danish), and lipeäkala (in Finnish)

Culture (Kultur)



50 years ago, the women of Iceland took a day off—and inspired the world

<https://www.nationalgeographic.com/history/article/icelandic-womens-strike>

Submitted by Linda

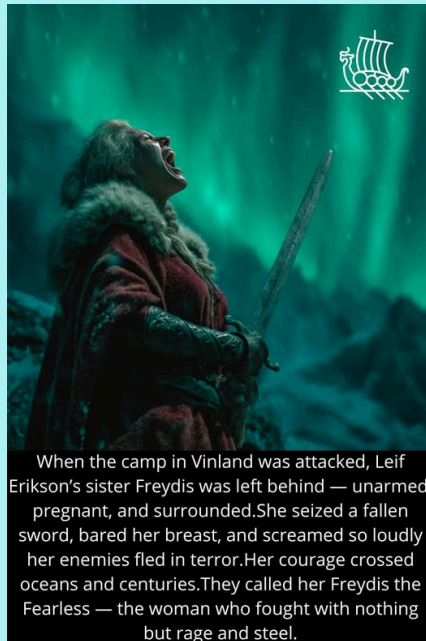
Another important point for Scandinavian countries. Iceland is widely recognized as the world's most equitable society for women—in large part thanks to the women's strike that transformed the country 50 years ago. A good read.

Homelessness Submitted by Linda



Finland has nearly eliminated homelessness through its "Housing First" approach, which offers permanent housing and mental health support without requiring sobriety or employment. Around 80% of participants regain stability—finding work, keeping housing, and rebuilding their lives.

Freydis



When the camp in Vinland was attacked, Leif Erikson's sister Freydis was left behind — unarmed, pregnant, and surrounded. She seized a fallen sword, bared her breast, and screamed so loudly her enemies fled in terror. Her courage crossed oceans and centuries. They called her Freydis the Fearless — the woman who fought with nothing but rage and steel.

Interesting Article
Submitted by Traci

<https://www.facebook.com/share/1VqYEK58Qk/?mibextid=wwXlfr>



Massive Viking Ship Unearthed
In Peat Bog Reveals Decoded
Runes Of Forgotten King's
Distant Sea Voyage

A Funny submitted by Traci

SCANDINAVIAN TOURISTS VISITING ENGLAND
FOR THEIR YULETIDE SHOPPING TRIP,
CIRCA 800 AD.



L'Anse aux Meadows Submitted by Linda



Scientists have known for many years that Vikings built a village at L'Anse aux Meadows in Newfoundland around the turn of the millennium. But a study published in *Nature* is the first to pinpoint the date of the Norse occupation. The explorers — up to 100 people, both women and men — felled trees to build the village and to repair their ships, and the new study fixes a date they were there by showing they cut down at least three trees in the year 1021 — at least 470 years before Christopher Columbus reached the Bahamas in 1492. Previously the date was based only on sagas — oral histories that were written down in the 13th century, at least 200 years after the events they described took place. The scientific key to the exact date that the Norse were there is a spike in a naturally radioactive form of carbon detected in ancient pieces of wood from the site: some cast-off sticks, part of a tree trunk and what looks to be a piece of a plank. Indigenous people occupied L'Anse aux Meadows both before and after the Norse, so the researchers made sure each piece had distinctive marks showing it was cut with metal tools — something the indigenous people did not have. But their stay didn't last long. The research suggests the Norse lived at L'Anse aux Meadows for 3 to 13 years before they abandoned the village and returned to Greenland. Of interest also see an article in Check it Out on page 5.

Culture (Kultur)

Submitted by Candice



Since our focus this month tends to be centralized on a big turkey, I thought it would be a good month to focus on national birds. Most all of the countries around the globe have a national bird that represents their country either officially or unofficially. So let's take a look at our Scandinavian countries national birds. OK

US-BALD EAGLE



There are nearly 800 species of birds in the United States. The bald eagle was put on the seal on September 16th, 1782, an olive branch in one claw and an arrow in the other represents the power of war and peace. It is considered the ultimate success of the Endangered Species Act as there were only 400 pairs in the 1960s left due to habitat destruction, hunting, and the use of DDT after WWII. The largest known concentration of eagles is in the Klamath Basin, OR. The bald eagle beat out the white eagle for its spot and stands for freedom and strong might and it symbolizes victory and valor. It became our official national bird in 2024.

FINLAND-WHOOPER SWAN



The Whooper swan is another large flying bird, reaching 26 to 31 lbs. It's named due to its haunting call. Once you hear it, you'll always recognize it. It is the designated national bird, but it is not official. It symbolizes new beginnings, purity, fidelity, and endurance as they mate for life. They embody Finland's deep connection to wilderness and represents its quiet strength. It was once believed to be the messenger between the living and the dead.

SWEDEN-BLACKBIRD

The black is a designated national bird not an official for Sweden. It won a newspaper poll in 1962 for the honor. 'Koltrast' in Swedish, which literally translates to 'coal thrush'. They are known for their beautiful song. They can turn a Swedish morning into a concert. He was chosen for his melodious song representing Sweden's love for music, and for his common presence.



ICELAND-GRYFALCON

The gryfalcon is one of the largest falcons, of which there are over 300 species. Their wingspan can reach as large as 4 feet. It is the official national bird of Iceland. The European golden plover is its unofficial national bird, & although endangered internationally, the Atlantic puffins are extremely plentiful in Iceland. The gryfalcon is beautiful as well as a good hunter. It can reach speeds up to 130 mph. It was chosen for its historical, cultural, and symbolic significance & represents the wild nature of the land, & has a long respected history tied to Icelandic culture. It was a valuable trading commodity during the Viking era & the Middle Ages. It is a symbol of royalty & power. The bird's beauty & ability to thrive in Iceland's harsh environment made it a cherished creature in history & folklore. It symbolizes resilience & freedom.



DENMARK-MUTE SWAN

The mute swan was chosen over the Eurasian Skylark as the official national bird of Denmark in 1984. It was chosen largely because of Hans Christian Andersen's story of the 'Ugly Duckling'. It is a native waterfowl to the country. It has snowy white feathers and a long, elegant neck that folds in an S shape. They nest on large mounds fashioned from aquatic plants and often use the same nest year after year & have a tendency to mate for life. It moves with elegant simplicity despite being one of the heaviest flying birds in existence as they can weigh up to 26 lbs. They are appreciated for their beauty and as a reminder that transformation is always possible and there is magic hidden in everyday life.



NORWAY-WHITE THROATED DIPPER (Fossefall)

The white throated dipper is the only song-bird that can dive underwater & walk along riverbeds. Its abilities seem almost supernatural, reflecting the Norwegians' innovation & resilience. It is the official national bird of Norway, chosen in 1963. It represents Norwegians' ability to thrive in impossible conditions that would defeat most others.



Nils Olav is a distinguished member of The King's Guard. He's a little different from the others though, or I wouldn't be mentioning him. You guessed it, he's a bird! A Penguin. In 1972 he was Lance Corporal Nils Olav & now he has risen up the ranks to become Brigadier Sir Nils Olav III. (He's the 3rd Nils to serve.)



Recipes (oppskrifter)

Fun Food Facts from Scandinavia

1. The mid-winter feast in Iceland is called Þorrablót and is celebrated by eating old traditional foods, including fermented shark & smoked sheep's head.
2. Icelanders consume more Coca-Cola per capita than any other nation in the world.
3. Icelanders are among the largest consumers of coffee per capita in the world.
4. Iceland does not have MacDonald's or Burger King.
5. Danish Lurpak® butter is world famous. It can be bought in stores in more than 100 countries worldwide.
6. The English are famous for their love of bacon, which they began importing from Denmark in 1867.
7. Danes are certified foodies. They are the fifth largest exporter of food in the world, despite their small population.
8. Grandiosa frozen pizza is Norway's unofficial national dish.
9. Norway's national drink is akevitt, or aquavit.
10. Coffee came to Norway about 280 years ago, but it wasn't generally accepted until the 1870s.
11. Sweden has the highest number of McDonald's restaurants per capita in Europe, with 227 restaurants. Only the United States has more McDonald's per capita in the world.
12. A traditional Swedish drink is glögg, which is the result of mulled wine being poured over aquavit and then set aflame.
13. The crayfish party has become one of the most typical of Swedish traditions, held on the first Thursday in August.
14. Finnish Mämmi: This black baked rye porridge delicacy, usually enjoyed at Easter time.
15. Finland's food culture is a blend of practicality and purpose. It's deeply connected to the land, shaped by the seasons, and guided by a quiet kind of creativity.



Submitted by Sue

Preserving Children

- 1 large grassy field
- 6 children
- 3 small dogs
- Flowers
- Narrow strip of brook with pebbles
- Hot sun
- Deep blue sky

Mix the children with the dogs and empty into field, stirring continuously. Sprinkle the field with flowers, pour the brook gently over the pebbles. Cover all with a deep blue sky and bake in hot sun. When children are well browned they may be removed.

Submitted by Judy

TOP RECIPES GOOGLE SEARCHED BY NORWEGIANS IN 2023

1 Eplegelé
(apple jelly)

2 Solbærgelé
(blackcurrant jelly)

3 Agurksalat
(cucumber salad)

4 Kalvedans
(a traditional pudding-like dessert)

Judy's Recipe Corner

SEAFOOD CASSEROLE - Trudy Jacobson Coggan

Trudy Coggan was an aunt who lived in California. I have never had this casserole, but she was quite the hostess, so I expect it was pretty good.

Ingredients

- 1/2 cup butter divided
- 1/4 cup flour
- 2 cups milk
- 1/2 teaspoon salt
- 1 teaspoon Accent
- 1/2 teaspoon pepper
- one can shrimp, rinsed (4 and 1/2 oz)
- 1 can tuna, rinsed well with hot water if oil packed
- 1 can sliced mushrooms, drained (4 oz)
(I use the mushroom juice in the cream sauce)
- 1 can crab meat, (7 1/2 oz)
- 1/4 pound grated cheddar cheese
- 2 cups soft bread crumbs

Directions-Serves 6

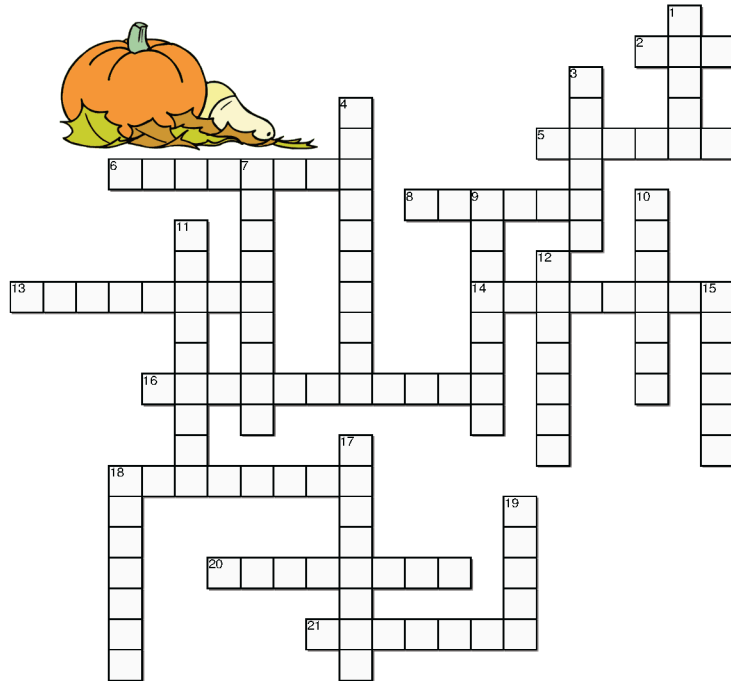
1. Melt one half the butter in a saucepan. Stir in the flour. Blend well. Stir in the milk and cook over medium heat, stirring constantly until the mixture thickens. Add the salt, mushrooms, Accent and pepper.
2. Grease a 2 quart casserole. Layer the shrimp and cover with the cream sauce. Then layer the tuna and cover with the sauce. Layer the crab and cover with the sauce. Top with 1/4 pound grated cheese. Toss the bread crumbs with the rest of the melted butter and spread over the top.
3. Bake at 350° for 1 hour.

Notes:

1. You will find that the can sizes today vary from what the recipe calls for. They are usually smaller so I get the next size up or use two of the smaller cans. You can use either mild or Sharp cheese.
2. It doesn't hurt the recipe to add more of the fish or you can use any extra on a salad.

Thanksgiving

Complete the crossword below



Across

2. Turkey alternative
5. Thanksgiving bird
6. Month
8. Internal organs of a fowl
13. Sport commonly watched
14. Seasoned bread or fillings inside poultry
16. Special activities that commemorate something
18. one of the oldest towns in SE Massachusetts
20. Sauce for salads etc.
21. Season when crops are collected

Down

1. Synonym for corn; pale yellow
3. Plenty
4. Horn stuffed with foods, berries etc.
7. Name of ship that sailed to the New World (1620)
9. Valued praise, favor or benefit
10. Term also meaning Native American
11. Small, sour and dark red berry
12. Orange vegetable used in pie
15. Distinct cry of the male turkey
17. Day of the week
18. One of the band of Puritans who journeyed to America
19. Unusually abundant meal

JOKE OF THE MONTH (Månedens Vits) Submitted by Traci



Submitted by Lynsay



Did you know this about Turkeys?



1. Turkeys also cluck and purr.
2. Turkey droppings tell a bird's sex and age.
3. Some hens strut, too.
4. Young turkeys – called poults – scarf down insects like candy.
5. Turkeys can clock 18 miles per hour on foot and up to 50 miles per hour in flight.
6. In the early 1900s, wild turkeys were on the brink of extinction, with only about 200,000 left, today there are approximately 6.5 million wild birds.
7. Turkey vocabulary includes 28 distinct calls
8. They are able to recall more than 30 fellow turkeys,
9. Turkeys can change their head color according to their moods.
10. Turkeys can see light on the ultraviolet spectrum! Plus, they have a nearly 360-degree field of vision.
11. Turkeys can hear sounds humans can't
12. Mothers and poults begin communicating even before hatching – vocalizing through the egg.

Some Funnies

Submitted by Jill



And now for a little humor...

Only in America ...do drugstores make the sick walk all the way to the back of the store to get their prescriptions while healthy people can buy cigarettes at the front.

Only in Americado people order double cheeseburgers, large fries, and a diet coke.

Only in Americado banks leave vault doors open and then chain the pens to the counters.

Only in Americado we leave cars worth thousands of dollars in the driveway and put our useless junk in the garage.

Only in Americado we buy hot dogs in packages of ten and buns in packages of eight.

Only in Americado they have drive-up ATM machines with Braille lettering.

Hope this made you smile a little bit

Upcoming Events (Kommende arrangementer)

SONS OF NORWAY

SONJA DAUGHTERS' ANNUAL
HOLIDAY FAIRE & BAKE SALE
SATURDAY - NOVEMBER 1, 2025
9AM - 2PM

710 McKinley St, Eugene
Christmas & Scandinavian
Items
Handicrafts
SILENT AUCTION



Bake Sale Featuring

Lefse, Breads, Krumkake, Cakes,
Pies, Cookies

LIGHT LUNCHEON AVAILABLE
Yellow Split Pea Soup & Vegetarian
Soup

Norwegian Open-Faced Sandwiches
Desserts & Gluten-Free

Cash, Check or Venmo ONLY

Faith Lutheran Church Event

November 14 & 15 Holiday Bazaar

This is everyone's bazaar, managed by the Women's Group (DLA). Proceeds to charitable organizations and for church projects. What can you contribute to the bazaar? Your homemade talents are needed! Baking, cooking, crafting. Wood working items, pottery, jewelry, etc. Can you provide breads, cookies, pastries, candies, pies, pickled items, jams or jellies? We again have a gently used Secondhand area where you can donate items. Dorothy Senchina (541.554.9632) is who to contact regarding what is acceptable. Examples: Christmas home decorative items, dishes, glassware, unused gifts (check the back of your closet), linens, CDs, DVDs, nice Christmas ornaments (no strings of lights), books, puzzles, etc. Time to get on board and plan what you'll make and donate. We'll serve cinnamon rolls and sandwiches, soups, and desserts for lunch both days.

Our Holiday Get-Together

Sunday, December 7, 1-3pm



Our Holiday Get-together has been set up with Judy at her Senior Living Home, Garden Way Retirement Community, 175 S Garden Way, Eugene. Park in rear. We'll play "Christmas with the Right Family" game so please bring a gift (\$20.00 or less please, anything is good). Also some cookies to enjoy & some to share (Amey will bring baggies for take home). Amey & perhaps Karen & Kae will also play some music.

Light Parade & Yule Fest

Dec. 5 & 6



We will NOT be participating, but member Lynn will be. This is a Junction City event so try to go & support Lynn & the event.

Movie Suggestion-by Kae

115 Lawrence Hall—Free and open to the public—All showings at 7:00 p.m.-

<mailto:wlucek@uoregon.edu>



Headhunters-Nov. 7

This action/suspense thriller is based on the book of the same name by acclaimed Norwegian crime novelist, Jo Nesbø. Roger Brown, the lead character, is one of Norway's most powerful corporate recruiters or "headhunters." His outward bravado and extravagant lifestyle—supported largely by his other business as an art thief—mask his insecurities. The two sides of Roger's professional life intersect when his wife, Diana, who owns an art gallery, introduces him to Clas Greve, the perfect candidate for the CEO position at Roger's company—as well as the owner of a priceless Rubens. (Norway, 2011, 100 minutes)



Agent No. 24-Nov. 14

This film is based on the true story of Gunnar Sønsteby, an important figure in the Norwegian resistance during the Nazi occupation of Norway. ("Agent No. 24" was just one of his aliases.) The film examines the conflicted feelings that he and other peace-loving Norwegians had to contend with at a time when their lives, freedoms, and national sovereignty were very much on the line. The film alternates seamlessly between wartime and the recent past, where the now 90-year-old Sønsteby is still speaking in public—in this film, to a high-school class—about why we must fight for freedom and democracy. The film is set in 1940, but it could just as well be now.... (Norway, 2024, 111 minutes)



Home for Christmas

Nov. 21

Johanne is in her 30s, single, and works as a nurse. During an Advent dinner with her family, they pile on the pressure for her to be in a relationship, so she'll have someone to bring to Christmas dinner later in the month. She then tries to find a boyfriend through speed dating, internet dating, and other means and ends up going on dates with several men—including 18-year-old Jonas, and the much older Bengt Erik. She also has a brief sexual encounter with one of her coworkers. This popular TV-series is simply packed with witty, charming, and unexpected moments. (Norway, 2019, 116 minutes)

Nordic Northwest Events for November

<https://www.nordicnorthwest.org/upcoming-events>

Go to website for more info, tickets, etc.

- Nov. 1- Apple Festival by Northwest Danish Association
- Nov. 5, 11, 25-Troll Talk with Britte Rasmussen Marsh
- Nov. 6, 13, 20-The Cinema of Ingmar Bergman with Professor Thomas Birnie
- Nov. 7,8-Nordic Vintage & Treasure Sale
- Nov. 19-Five Nordic Holiday Dinner Side Dishes
- Nov. 22-Family Birch Bark Baskets & Christmas Card Making Workshop
- Dec. 13,14: SCANFAIR

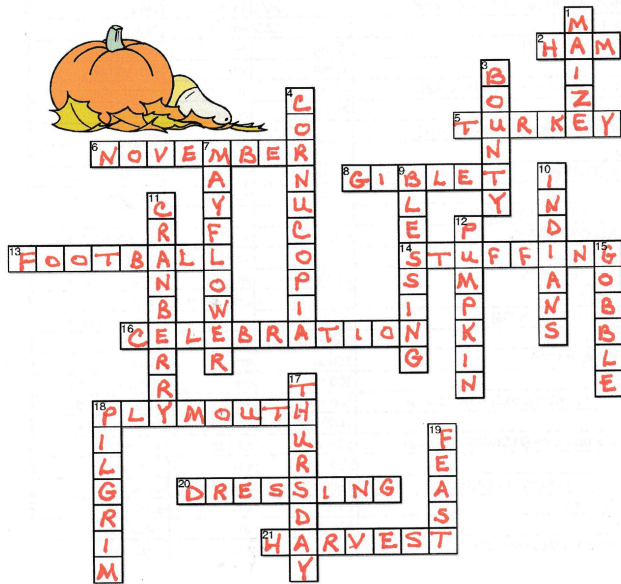
There are also multiple knitting, conversation, etc. events on a monthly basis.



Answers & Extras (svar og tillegg)

Thanksgiving

Complete the crossword below



Across

2. Turkey alternative
5. Thanksgiving bird
6. Month
8. Internal organs of a fowl
13. Sport commonly watched
14. Seasoned bread or fillings inside poultry
16. Special activities that commemorate something
18. one of the oldest towns in SE Massachusetts
20. Sauce for salads etc.
21. Season when crops are collected

Down

1. Synonym for corn; pale yellow
3. Plenty
4. Horn stuffed with foods, berries etc.
7. Name of ship that sailed to the New World (1620)
9. Valued praise, favor or benefit
10. Term also meaning Native American
11. Small, sour and dark red berry
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Norwegian Wardrobe

Submitted by Traci

The Norwegian wardrobe includes wool, rain jackets and an invisible cape of patience.



So True of Many of Us

Submitted by Traci
There should be one about cooking as well.

My toxic trait is not letting anyone else clean, because it's not clean unless I clean it. Then getting mad when no one helps me clean...



HAPPY THANKSGIVING SISTERS
I AM SO THANKFUL FOR ALL OF YOU !
THANK YOU TO ALL WHO HAVE
HELPED WITH THE NEWSLETTER
THIS MONTH..TUSEN TAKK