

# JANUARY 2020 NEWSLETTER



## **AGNES MATHILDE WERGELAND LODGE #52**

Willamette Valley, Oregon



**NORWAY IN JANUARY** 



### **Next Meeting**

January 25, 2020: We will be installing our 2020 officers—so if you are an officer please plan to attend. Also, we will be initiating our new member -Diana Renn. Pictures will be taken.

Refreshments: We will have a Potluck—

bring a FAVORITE dish.

Raffle: Winter will be our theme.

Kitchen Help: Randi will come early to

make coffee & since no one volunteered in Oct. it would be helpful if someone could come at 9:30 to set the kitchen stuff out. Cleanup will be for everyone to help with.

### MARK YOUR CALENDARS January 16-February 15

Jan. 21: Princess Ingrid Alexandra's Day (N) Jan. 18: Board Meeting

Jan. 21: MLK Day (USA) Jan. 25: Lodge Meeting

Feb. 3: Carrot Cake Day (S) Feb. 6: Saami People's Day (N)

Feb. 10: Mother's Day (N)

Feb. 14: Valentine's Day (All)

January 16 to February 15 **Celebrations** 



Edith Svensen...Birthday...Feb. 3 Linda Svensen...Birthday...Feb. 8

Celebrate Every Day!!

## **DUES**

### **Congratulations members**

You all paid your dues on time. Down to the wire for 1 member -Dec. 31. Sorry to say we lost 2 members- Hallie Nelson from Fort Rock; it was just too far to come. And our newest member Irene Clevenger felt she was just too busy after all. We have 42 members for 2020.

#### A Note

#### Submitted by Linda Peterson

I just read an article about the date written on checks. They suggested we write the month, day & year as the full 4-character 2020 instead of 20.

For example, 1/8/20 can easily be changed to 1/8/2021 and this check is now valid for 18 months.



Stay Connected

Email: daughtersofnoway52@gmail.com

Face Book:

https://www.facebook.com/groups/amw5

Because we get a lot of spam trying to join our FB page, you need to be recommended by a member or answer the question. Come & check out our page. We post a lot of interesting tidbits & recipes of Scandinavia as well as meeting pictures.

### **Tubfrim**



Representative Marie Andersen

New Info: The stamps that don't appear to be cancelled <u>can be</u> saved! Please

- Each subordinate lodge collects stamps and used phone cards that are in good condition.
- Cut stamps off the envelope so that there is a slight margin from the stamp edge (ca. 1/2"). **DO NOT** cut off the perforations.
- If the stamp is found on an envelope or post cover over 50 years of age, **DO** NOT cut it off. Instead the entire envelope with the stamp is sent in.
- Damaged stamps or telephone cards are not accepted as they are worthless.
- Stamps can come from any part of



### **Lodge News**

Hope you all enjoyed your Holidays & 2 months off. We start a new year of Daughters this month on January 25. We will be initiating our new member Diana Renn. We will be installing our 2020 Officers as follows:

President	Kae Ellingsen
Vice President	Karen Letchei
Treasurer	Katrine Fabian
Secretary	Jean Payne
Financial Secretary	Jill Arnold
Cultural Director	Amey Herman
Marshall	Shirley Bailey
3 Year Trustee	Ellen Costello
Head Greeter	Sue Scott
Musician	Karen Pierson
Non-Elected Officers	
Judge	Carol Nielsen
2-Year Trustee	Jodee Walton
1 -Year Trustee	Edla Johnson

Our annual pictures will be taken & we will enjoy a potluck (bring a favorite dish)



### Member of the Month

#### **Mary Ann Roos**

Most of my life was been spent in Chicago prior to moving to Oregon in 1988. I was born in Toledo, Ohio, but my family moved to Chicago when I was a year old. In the 1920s, my mother, Rachel, emigrated from Skien, Norway to Toledo, Ohio to join her father, Ole Jorgensen. He had emigrated a year earlier. My grandmother, Helga, and the two younger daughters, Ada and Eva later joined them in Chicago. My father, Hugo Beck, had emigrated from Germany. My parents met while both were working at Toledo General Hospital. After 5 years in Ohio they moved to Chicago. Chicago had a large Scandinavian community with many churches and stores where Norwegian was spoken. My grandparents, aunts and uncles all spoke Norwegian at home, and I understood it fluently and did speak Norwegian until I began school. However, I did not learn to read or write Norwegian. I grew up during WWII and remember my grandmother sending coffee and sugar to her sisters in Norway. I would go with her to the post office to fill out the forms required for mailing overseas. One of the highlights of my early years was going to see the Sonja Heine Ice Revue at the Chicago Stadium. The costumes, scenery and skating were wonderful, and I kept the program with all the photos of that show for many years. There are many different communities in Chicago, among them Scandinavian, German, Polish, Irish, Italian, Greek. During my teen years I went to school with a very diversified group of kids. This was the 1950s and the Korean War. After the war I married a young man who had returned from service. He also grew up in Chicago. His parents had emigrated from Sweden. His father from Goteborg and his mother from Tore. We had two children, a daughter, Karen and a son, Michael. We later divorced. My 30 plus years working career has been in insurance. I worked for several prominent insurance brokers in Chicago. Our clients were the real estate developers who built and managed high rise office buildings and residences. It was a challenging and exciting job which I enjoyed very much. One of my memorable lunch breaks was walking over to the Chicago Board of Trade and seeing a very young, handsome Prince Charles in the lobby waving and smiling to everyone. I have traveled to Norway twice. In April 1983, a trip to Norway, Sweden and Denmark. It was Easter while in Oslo, and much of the town was away on ski holiday and most shops closed. The Hotel Bristol's restaurant was open and serving reindeer roast, it was a delicious Easter dinner I will always remember! My second trip was in September 1999 on a Hurtigruten cruise from Bergen to Kirkenes on the M/S Lofoten. This was a very interesting trip being able to visit all the various towns and learn their history, and also taking part in the fun ceremony on board while crossing the Arctic Circle. In 1988 I retired and moved to Florence, OR, where my daughter and her family live. After my grandsons began school, I was offered a job in an insurance agency in Eugene. I thought I would commute from the coast but changed my mind after a week of driving in the morning fog. I moved to Eugene in 1993, intending to work for a year or so. However, this turned into a 10-year venture and I met many wonderful people here during that time.



#### Submitted by Members

Her broken collar bone is healing-but driving is a bit of a problem. Carol also took a cruise with her family over Christmas. They visited St. Thomas, St Kitts, St Lucia, Barbados, and the Bahamas. All beautiful islands. Loved spending time with my grandkids. There were 13 family members with

🕺 After coming home, her sister hurt her ankle, so Carol went to Seattle to help her for a while. While there she was able to go to the Nordic Museum-which she enjoyed.

Karen Letcher: Please keep Karen & family in your prayers, her husband of 50 years passed away of cancer on Dec. 26. Our deepest sympathy, condolences & prayers are with you Karen.

I received Norsk Høstfest's the "Chester" for 25 years of 'avid successful promotion of Scandinavian culture behind the scenes.' Rolf Stang (in picture) is a Good friend from Emigration Center at Radøy where Agnes Wergeland is commemorated with a monument of Two outstanding Norwegian women, representing all emigrant women. Dr Agnes Mathilde Wergeland to Wyoming, and Elise Amalie Tvede Wærenskjold (Texas) emigrated a generation earlier. Rolf Stang has performed at the Festival at the emigration festival at Radøy, and on several other occasions.

got a new car-2017 Chevy Cruze. She likes it very much.

Tove Hall, Edla Johnson, Diana Renn, and Carol Nielsen: attended the Danish Ladies Aid Party at Faith Lutheran Church in Junction City in January. The speakers were Vic and Karen Nielsen who recently spoke at our Daughters of Norway meeting. Songs were sung in Danish and Danish pastries were served.



January's theme will be Winter. Tickets are \$1.00 each or 6 for \$5.00





### Maintained by Sue Scott

The sale table will be up & running for the January meeting. Now would be a good time to bring something new to add. Be sure to label it with a price. Any item not sold & left for more than 3 meetings may be put on the Raffle Table. Remember someone else might want that item-you never know.

All proceeds go to the Lodge.



## Kae's Norwegian Words for January

By Kae Ellingsen

Cross Country Skiing

Ice

Snow

foot)

To go ice skating

shoyter) To go skiing

Jeg liker å gå på ski.

Langrenn (lahng rehn)

Snø (ø is sort of like "00" in Is (Ees)

Å gå på skøyter (O goh poh

Å gå på ski (O goh poh shee)

I like to go skiing.

# Convention July 23-25, 2020

A few bits of information about upcoming Convention

- Be thinking about being a Delegate or Alternate (we will need 2 delegates + our President). Delegates will be elected at the February Meeting. Interested? Please let Kae know in January.
- Our lodge will be donating a substantial amount of paper goods to Convention this year.
- There will be outside vendors at the Cultural Day (Thurs.)
- Each Lodge may have 1 raffle (Winners will be chosen at Sat. luncheon)
- Each Lodge is encouraged to donate something for the Silent Auction (Thurs. evening)
- The Board will be discussing options for using some of our windfall from last year to use for Convention this year in upcoming meetings.

### Useful Links ©



### Some fun & interesting links to Scandinavian shopping & information

You can now CTRL click on the links below & ao directly to the sites.

https://www.daughtersofnorway.org/

National Daughters of Norway website

https://www.astrimyastri.com/books

https://www.norwegianamerican.com/

Norwegian American Weekly magazine

https://www.scandinavianfoodstore.co m/

Scandinavian Food

https://www.ingebretsens.com/

Scandinavian shopping

https://www.stabo-imports.com/

Scandinavian shopping

https://hovdenformalfarmwear.com/ clothing

https://www.norhalla.com/

Scandinavian children's books + other merchandise

https://www.scandikitchen.co.uk/ recipes & information

https://grimfrost.com/ -Viking shopping

https://www.giftchaletauburn.com/ Scandinavian shopping

http://www.gonorland.com/-fun information

http://www.hemslojd.com/ -Swedish shopping

https://www.nordicnorthwest.org/

Nordic Cultural Center in Portland, OR

http://luluthebaker.com/Melissa Bahen (cookbook author)

**Genealogy:** 

https://media.digitalarkivet.no/

Danish/Norwegian Government **Archives** 

https://www.familytreemagazine.com/

searching family history

Translate.google.com/

www.rollintl.com/roll/norwegianenglish.htm Norwegian to English Key word translation



## Winter Word Search (answer on page 9)

R ΙG S P S T N S Κ S S C 0 D T S N 0 E R M E S Α S Α Α R E ١ O Κ G R S Ζ С T Ν G Κ E Ζ T T E В Κ В Α R S E S C Ε Z В S N K E E Ε В S 0 E Ν T G Α C H R S Μ S Κ Ζ T F 0 Ν Ν 0 S T Α L E G F ΑR

BLIZZARD
BOOTS
CHRISTMAS
COLD
FREEZE
FROST
GLOVES

ICE SKATES
ICICLES SKIING
KNIT CAP SLED
MITTENS SLEET
PARKA SNOW
SCARF TOBOGGAN



MAINTAINED BY SHIRLEY BAILEY

Due to the fact we do not meet in November or December perhaps you'd like to consider checking out a book or two to get you through the holidays.

Remember to let Shirley or Amey know a day or two before the meeting if you want to borrow any of the books on their lists. All others are in the cubby & available at the meeting; if it is not on display; just ask Shirley.

Be sure to go through Shirley when checking a book in or out. Thank you.

baileytwo1942@comcast.net ameyherman@gmail.com



For the next DN Convention, our lodge will create a book filled with our stories, histories, recipes and other relevant ideas, which we will be able to sell as a fundraiser for our lodge. Some lodges publish cookbooks, others put together a "lodge history", but we will focus on each member, and whatever each of us chooses to contribute. Each person will have a few pages. Start thinking what you might like to include for your part. Think about a favorite photograph, items passed down through your family, what you know about where your family was from, a favorite family story. We will indicate for each person where their relatives were from on the map. More information will come later, but hopefully this gets you pondering the possibilities for your pages. We will help each other with the writing so we make the book both engaging and informative.



## Highlighted Book By Jean Payne

This book is in our Library, if you want to check it out please see Shirley at the meeting. I have read this book and found it interesting. **Norwegians in Minnesota** by Jon Gjerde & Carleton C. Qualey. It is part of a 15 book series People of Minnesota (though each stands on its own).

It has 110 pages & comes in paperback or Kindle version.

The Norwegians, who first arrived in territorial days, created lasting farming settlements, especially in the Red River Valley. Their Lutheran churches continue to dot the landscape. But their experience was also urban, as they entered the trades and industries of the Twin Cities. Today, the Norwegian influence is evident in Minnesota art, culture, cuisine, and speech. Norwegian culture permeates the state's character and helps define Minnesota's unique social, political, and business environment.



# Recipe (Oppskrift) of the Month Creamy Lax Pudding

https://www.thespruceeats.com/creamy-lax-pudding-recipe-4156695

This super tasty Lax Pudding is undoubtedly one of the most flavorful one-pot meals that everyone should try at least once. Not only is it delicious, but it is also incredibly quick and easy to make. The dish is packed with healthy salmon and fresh dill, (we recommend staying away from dried dill, as it won't give the dish the same flavor) potatoes, eggs, cream and milk. And while the melted butter may not make this dish as healthy as it could be, it sure makes it taste good!

This Lax Pudding makes a delicious mid-week supper dish, a great lunch-box alternative, or an excellent dish for a buffet table. Whichever way you happen to take this Lax Pudding, we're certain you'll be coming back for second helpings!

#### **Ingredients**

- 1 1/2 lb. Russet potatoes, peeled and sliced 1/4-inch thick
- 3 large eggs
- 1 cup full-fat milk
- 1/2 cup heavy cream
- 1/2 lb. smoked salmon slices
- 1 oz. fresh dill (finely chopped)
- 1 oz. unsalted butter (melted plus a little extra for greasing)
- Sea salt and freshly ground black pepper

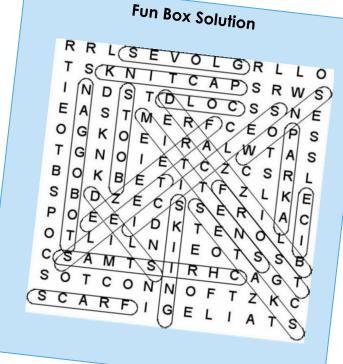
#### **Directions**

- 1. Before you start, preheat the oven to 320 F and grease an 8 inch deep baking dish (preferably round).
- 2. Evenly slice the potatoes to approximately 1/4-inch
- 3. Put the slices into a large pan and season with a little salt and cover with cold water. Bring to a boil, then lower the heat and let simmer for 5 minutes.
- 4. Strain through a colander, then rinse the potato slices under cold running water and pat dry with a paper towel, taking care not to break them up.
- 5. Whisk the eggs, milk, and cream in a large bowl enough to incorporate, but do not make too frothy. Add a pinch of salt, and a pinch of freshly ground black pepper, then lightly whisk again.
- 6. Layer a third of the potato rounds onto the base of the dish, followed by a layer of smoked salmon slices, then sprinkle evenly with chopped dill. Repeat and finish with a layer of potatoes on the top.
- 7. Pour the egg and cream mixture over the dish, taking care not to disturb the potato and salmon layers. Finish by brushing with melted butter and a good grind of black pepper.
- 8. Bake the pudding in the center of the preheated oven for 40 minutes, or until the potatoes are browned and the custard set. You can test this by inserting a knife into the pudding, and it should be dry when pulled out. If not, cook a little longer, but cover with foil if the potatoes are browning too quickly.
- 9. Leave the pudding to stand for 10 minutes before serving with a little more melted butter poured over and a green salad on the side.
- 10. The pudding can be made the day before and left in the refrigerator overnight. To reheat, cover with foil and put into a medium hot oven (300F) until heated right through to the center.

#### **Recipe Variation**

• Smoked salmon is the best fish to use for this specific recipe, however you could ring the changes by using Gravlax and omitting the fresh dill. Gravlax gives a slightly oilier finish to the dish though, but it will still taste fantastic!







**Norway:** The Sami constitute approximately 1% of Norwegian population. They are an ancient ethnic people with their own language and culture. Only 7% are employed in herding reindeer. Half of the world's Sami population of 70,000 live in Norway.

**Sweden:** Sweden has about 20,000 Sámi living in the country today. Since 1993, this indigenous people have had their own parliament. In 2000, the Swedish government officially recognized Sámi as an official language.

<u>Denmark:</u> Danish polar explorer and anthropologist Knud Rasmussen was the first European man to cross the Northwest Passage by dog sled.

<u>Finland:</u> The Sami people of Northern Finland have a unit of measurement called the 'poronkusema' – the distance a reindeer can walk before needing to urinate

<u>Iceland:</u> Iceland is not a very cold country. The average temperature for January is -0.4°C. or about 31°F

### **Judy Collins Recipe Spot**



If I make coffee, I use my Kuerig.

I think my grandma used a saucepan for this. She had a percolator, but egg coffee tasted very familiar the first time I had it. It was definitely a "food memory" that I didn't know I had!

### Swedish Egg Coffee – Ägg Kaffe





#### **For Small Group**

1 level T. of coffee grounds per cup 1 egg

#### **ForLarge Group**

50 c. water 3 cups coffee grounds 2 eggs

Fill coffee pot to appropriate level of water and bring to a boil. An enameled pot makes the best coffee.

Once it is boiling, turn the heat down (not off).

Beat the egg(s) and mix in coffee grounds. Add water if needed until the consistency of gravy. Add mixture to the hot water and stir gently. Let the coffee brew several minutes. Turn off the heat then pierce the coffee and egg mixture to release more flavor. Pour a little cold water into the pot to settle the grounds. Spoon out the egg and coffee grounds floating on top. Serve.

Refrigerate any left over coffee.

Why the egg? The benefits are it clarifies the coffee, the acidity is subdued, and when warmed the coffee is just as good.

### Cabbage (Surkål)

1 head cabbage1/3 cup pork fat or butter1 apple, chopped

2 tsp salt

1-2 Tablespoons caraway seeds

1 cup currant juice or vinegar

2 Tablespoon sugar if vinegar is used.

Cook over low heat until tender, simmering about  $1 - 1 \frac{1}{2}$  hours or until done. If necessary, add a small amount of water. If the heat is kept on low, there is no need to stir.



# Finland Country Profile continued from November 2019 Some key dates in Finland history



- 1100s Swedish crusades subjugate Finns and convert them to Christianity.
- 1323 Territory of present-day Finland becomes part of the Swedish realm
- 1808 Russian invasion of Sweden supported by Napoleon.
- 1809 Finland is ceded to Russia by the Swedes. The Finns retain a considerable amount of autonomy. They keep their own legal system, religion, and are exempt from Russian military service.
- 1899 onwards Russian Tsar Nicholas II inaugurates policy of Russification of Finland, to include conscription of Finnish men into the Russian army and the imposition of Russian as the official language. Protests and a campaign of civil disobedience begin.
- 1906 Finland passes the Parliament Act, which establishes universal suffrage, including the right for women to stand for elected office, for the first time in Europe.
- 1917 The Russian Revolution allows Finland to declare its independence.
- 1918 Bitter civil war, which leads to some 30,000 deaths. A rebellion by left-wing Red Guards is put down by General Carl Gustaf Emil Mannerheim.
- 1919 Finland becomes a republic. Kaarlo Stahlberg becomes first president.
- 1939 Outbreak of Second World War. Finland declares its neutrality. In November the Soviet Union invades in the Winter War.
- 1940 Despite fierce resistance, the Finns are forced to concede. The Treaty of Moscow gives around 10% of Finnish territory to the Soviet Union.
- 1941 Germany attacks USSR in June. Finland launches military campaign to retake territory. 1944 The Soviet Army invades. An armistice is signed in September. Finland concedes more land to the Soviet Union and agrees to pay hundreds of millions of dollars in war reparations.
- 1950 Urho Kekkonen becomes prime minister and is subsequently elected as president in 1956. He pursues a policy of friendly neutrality with the Soviet Union.
- 1955 Finland joins United Nations and Nordic Council.
- 1973 Trade agreements signed with the European Economic Community and Comecon.
- 1990 Economic difficulties as former Soviet and eastern European markets collapse.
- 1995 Finland becomes member of the European Union.
- 1999 Paavo Lipponen's social democrats are returned to power.
- 2000 February Tarja Halonen elected as Finland's first female president.
- 2002 January Euro replaces the Finnish mark.
- 2002 May Parliament narrowly approves construction of a fifth nuclear reactor, the first in Western Europe since 1991 and the first in the country for 30 years. Green Party decides to withdraw from government coalition in protest.
- 2008 June Parliament approves EU's Lisbon Treaty.
- 2008 September A 22-year-old gunman kills 11 people including himself in a shooting spree at a vocational college, prompting the government to impose stricter rules for handgun ownership.
- 2008 December Former Finnish President Martti Ahtisaari receives 2008 Nobel Peace Prize.
- 2009 May May start-up date for OL3 nuclear reactor postponed until 2012. The project is also about \$2.4bn dollars (1.7bn euros) over budget.
- 2010 July Finland becomes world's first country to give its citizens a legal right to broadband internet.
- 2014 December Parliament approves plans by a Finnish-Russian consortium to build a nuclear power station, prompting the Greens to leave the government of Prime Minister Alexander Stubb.
- 2016 October Finland signs an agreement on closer defense collaboration with the United States amid growing concern over Russian military activities in the Baltic Sea region.
- 2016 December Finland emerges from a downturn lasting nearly a decade, according to central bank growth forecasts.
- 2017 August Finland suffers what police treat as its first terrorist attack when a young Moroccan man stabs several people in the southwestern city of Turku.
- 2019 August The Social Democrats return to power at the head of a center-left coalition led by Antti Rinne.
- 2019 December Antti Rinne resigns over handling of postal strike and is succeeded by fellow Social Democrat Sanna Marin.

This concludes the series on Finland next month we will continue Iceland from April 2019



### THE NORDIC LANDSCAPE IN CONTEMPORARY FILM-WINTER 2020

U of O Campus-115 Lawrence Hall—Free and open to the public—All showings on Fridays at 7:00 p.m.

https://docs.google.com/viewer?a=v&pid=sites& srcid=ZGVmYXVsdGRvbWFpbnx3aGl0ZXlsdWVja3 xneDo0MmlwMjg4Y2YzZDRkYjY5

**Dates & Titles & Country** 

January 17-<u>Italian for Beginners</u>-Denmark

January 24-<u>The Bridge-Sweden</u>/Denmark

February 7-Studio Sex-Sweden

February 14-<u>O'Horten</u>-Norway

February 21-Woman at War-Iceland

February 28-<u>The Inheritance</u>-Denmark

March 6-In Order of Disappearance-Norway

March 13-Patrik Age 1.5-Sweden

Check the website above for a short synapsis of

the films.



TROMSO ON A WINTERY DAY

### Outside



### Sons of Norway Lutefisk & Meatball **Dinner:**

Jan. 25-26, 2020.

Sat. Jan. 25 times are: 4:30 & 6:00

Sun. Jan. 26 times are: 1:00, 2:30, & 4:00

Advance Tickets Only: are \$27 adults;

\$12 children (12 & under)

Take out available

#### To order:

Email lutefisk@sonjalodge.org

Call: 541-344-1064 leave a message (date/time you wish, # of tickets, name & phone #)

### All You Can Eat Family Style Menu

Lutefisk, Norwegian Meatballs, Coleslaw, Lefse, Norwegian Cookies & more

### **Cultural Request**

This was forwarded to us by SFA thinking we might want to do something—so putting it out there.

Greetings,

I'm Blake with the Linn County Parks Department. Recently, Linn County Parks has been seeking unique cultural presentations to offer to our guests in the Summer months. I've been to the Junction City Scandinavian Festival many times and thought of the lovely dance performances seen at said event. I'm curious as to the possibility of members of your cultural society performing traditional dances, telling stories, oral histories, etc. in one of our parks this upcoming Summer. Would this be something the Scandinavian society would be interested in? Thank you for your time. Blake Nightingale Park Ranger Linn County Parks and Recreation

3010 SW Ferry St. Albany Oregon, 97322