

February 2020: Skandia Dance and Music Events

Dances

Friday, February 7

SKANDIA FIRST FRIDAY DANCE, Cedar Valley Grange, 20526-52nd Ave. W., Lynnwood, WA 98036-7610. From 7:30 to 8:30 p.m., Larry Reinert and Elaine Mathies will teach Gammalpolska från Föllinge. Make this joyful dance one of your favorites when you review this polska with Larry and Elaine. The lively music inspires the smooth and driving turns typical of this dance from northern Sweden. At 8:30, we have a great line up and a special guest! Sprida Ut will start the evening; this trio of two nyckelharpas and a guitar will enchant you, especially when they sing! The Tune Sisters (Martha Levenson and Vicki Watt Warshaw) will follow them with great twin-fiddling dance music. Our special guest is Maren, a 9-year-old fiddle student of Martha's who has received a Hardanger Fiddle Association of America hardingfele grant for 2020. Maren and Martha will play a short set early in the evening. You will also have a chance to practice your Hallingspringar dance to live music by Martha mid-evening. If you don't know the full springar dance, I encourage you to simply dance the traveling step while you enjoy the music. Class, 7:30 p.m.; dance, 8:30–11 p.m. \$15 (Skandia members, \$10); kids, free. Info: www.skandia-folkdance.org or (425) 954-5262.

Friday, February 21

SKANDIA THIRD FRIDAY DANCE, Cedar Valley Grange, 20526-52nd Ave. W., Lynnwood, WA 98036-7610. Pat Pi and Don Meyers will teach the Swedish dance Sväv from 7:30 to 8:30 p.m. Sväv is that cool variation that you sometimes see folks doing when they tire of ordinary polka. If that polka tune seems to have more lilt to it than bounce, this counterclockwise turn will provide hours of entertainment...or minutes...or at least a few seconds. It can be danced to virtually any polka or snoa tune—fast, medium, or slow. At 8:30, we have the Metrognomes playing for us. This will be a great evening of Skandia favorites, all of them well played. In addition, you will have another chance to practice your Hallingspringar in preparation for Hallingspringar Fest in March. Come out and join the fun! Class, 7:30; dance, 8:30–11 p.m. \$15 (Skandia members, \$10); kids, free. Info: www.skandia-folkdance.org or (425) 954-5262.

Dance Classes

Wednesdays, January 8–March 11

SKANDIA BASICS DANCE CLASS. Free! This is now the Skandia dance class for everybody who is new to Scandinavian dancing or wants to review the basics. Bob Hamilton, Lisa Brooks, and other instructors will go over how to turn and will teach fun basic dances, including schottis, snoa, waltz, Slängpolska, and easy mixers. Beginners and experienced dancers are welcome; this class will focus on beginners. Singles and couples are welcome; we switch partners frequently. Come when you can; no need to register or attend all classes. Wear smooth-soled shoes with a low flat heel for easy turning. University Heights Center, room 109, 5031 University Way NE, Seattle. (There is plenty of well-lit parking next to the building, and it is on bus lines.)

Wednesdays, February 19–March 25

SKANDIA INTERMEDIATE DANCE CLASS. Harry Khamis & Pat Pi will teach a quick review of snoa, schottis, and waltz. New material will include snoa, schottis, and

waltz variations and introduction to the most commonly danced polskas. Phinney Neighborhood Center, 6532 Phinney Ave. N., Seattle, room 2 (upper building). Wednesdays, 7:30–9 p.m., Feb. 19–March 25, 2020. For the 6-week series: \$45 for Skandia members (or \$10/class) or \$55 (or \$12/class).

Thursdays, Jan. 30, Feb. 6 & 27, Mar. 5

SKANDIA VILLAGE DANCE CLASS. Judy Patterson and Jerry Walsh will teach three Swedish dances, Orsapolska, Polska fr. Nås föra, and Norskleitjen. See videos: Orsapolska: <https://www.youtube.com/watch?v=xhSRchaKjHU>
Polska fr. Nås föra: <https://www.youtube.com/watch?v=P-PLHyMfkKQ>
Norskleitjen: <https://www.youtube.com/watch?v=sXnqTp2kbI8>
Phinney Neighborhood Center, 6532 Phinney Ave. N., Seattle, room 32 (lower building)
For the 4-week series: \$35 for Skandia members (or \$10/class) or \$40 (or \$12/class).

Thursdays, February 13 and 20

TARGETED DANCE PRACTICES. We will review dances that you request, including dances that were recently taught. This is a good opportunity to go over harder parts as well as to keep up the dances by doing them again. Phinney Neighborhood Center, 6532 Phinney Ave. N., Seattle, room 32 (lower building), 7:30-9 p.m. \$7 per evening for Skandia members.

Music Events

Saturday, February 1

SKANDIA JAM. Join hosts Bill and Gina Boyd for the second Skandia Jam of 2020! It's happening on Saturday, February 1st, 9:30 a.m. to noon, in Seattle's Loyal Heights neighborhood. Bring your favorite tunes, your instrument, and a snack to share if you like. Need an address? Contact Bill and Gina at hfele@aol.com or at (206) 817-5792.

Kathy Bruni
Skandia Publicity Chair
publicity@skandia-folkdance.org