



EMBLA NYHETER

Embla Lodge #2, DAUGHTERS OF NORWAY

Tacoma, WA

May/June 2025 VOL. 37, No. 3

Chris Wittstock, Editor

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PRESIDENT'S MESSAGE

Spring is springing and Embla has a lot going!
Embla celebrated 118 years in April - Gratulerer Med Dagen Embla!

What a wonderful time at our annual Norwegian Heritage Festival! It was a huge success!! We sold out of all of our

food and cookies. Our vendor table did very well, and we enjoyed wonderful music through the entire event, including a lot of great dancing from our Leikarring! Tusen Takk to all of you who helped make it happen!

Our members have been enjoying wonderful cultural programs thanks to our Cultural Director, Lisa Carlstrøm-Yagen. In March, we enjoyed a presentation from Kathi McGinnes of the Seattle Genealogical Society. She talked about document research and resources. In April, Marilyn Schroeder talked about linens and told bride stories from Norway and Sweden during the late 1800s - early 1900s. Both of these presentations were amazing!

Embla Lodge has a lot of cultural activities to learn about your Norwegian heritage that meet monthly: Leikarring, Slektsforskningsklubben (genealogy group), Håndverkerer (craft group), Norsk Kafe (language group), and Bokprat (book club). Come join us and see what these groups are about!

We have our annual Syttende Mai celebrations coming up in May. There will be a celebration at Pacific Lutheran University starting with the Flag Raising at 8:30 am in Red Square. A complimentary brunch will follow at 9:00 am in the Scandinavian Cultural Center. The parade in Ballard will begin at 4:00 pm this year since it's on a Saturday. Please let Julie Touchette know if you're planning to attend. We will have the honor of being joined by Joy Cook, Grand Lodge President!

I have exciting news to share with you - we have a new lodge being instituted into our sisterhood in May! Skadi Lodge #57 will be instituted May 18th in North Bend. This is exciting to see our sisterhood still going strong and growing 200 years after the first immigrants arrived from Norway.

Lastly, I would encourage those of you who have not yet paid your dues, to please do so soon. Any member who hasn't paid will be dropped and I wouldn't want you to miss out on any of our events and opportunities to explore and learn about your Norwegian heritage. You can send a check (\$30) to our Financial Secretary Jo Hurd, or you can pay online (make sure to hit the button to pay the fee).

~Shan Rayray

DATES TO REMEMBER

May 1st: Labour Day (Norway)

May 3rd: Embla General Meeting: 9 AM social, 10 AM program, 11 AM meeting, 12-1 PM social

May 8th: Day of Liberation (Norway)

May 8th: Whit Sunday (Norway)

May 11th: Mother's Day

May 17th: Norwegian Constitution Day

May 26th: Memorial Day

May 29th: Ascension Day (Norway)

June 7th: Embla General Meeting: 9 AM social, 10 AM program, 11 AM meeting, 12-1 PM social

June 7th: Dissolution of Union with Sweden (Norway)

June 15th: Father's Day

June 20th: First Day of Summer

June 23: Mid-Summer's Eve (Norway)

July 5th: Summer Luncheon

NEW LODGE IN NORTH BEND – SKADI #57

Sisters - We are invited to the institution of a new Daughters of Norway lodge, Skadi #57. The ceremony will take place in North Bend, WA on Sunday, 18 May. If you would like to go, please let me know and I will forward you the details; only two (2) sisters from each lodge may attend.

~Shan Rayray



VICE PRESIDENT'S REPORT

Greetings sisters!

I cannot believe that it is already spring. I hope that you are enjoying the warmer weather and maybe seeing some blooming flowers. Embla has been blooming and we are ready to blossom into the next few months.

The March meeting was about the preparations for the Norwegian Heritage Festival.

We had so much fun! We sold a lot of food, had a ton of laughs, and made some money too! The music this year was outstanding, as you know if you were there. Our March hostess was Christine Anderson, and in April we had past presidents Lisa Ottoson and Janet Ruud accompanied by Nadine Lewtas. I cannot thank Karen Chapman enough for her decorations and inspiration nor Kate Emanuel-French for her boundless energy and setup expertise. These ladies are amazing. You can sign up to hostess a meeting and see them up close and in person, although Kate sometimes appears as a blur because she is moving so fast. You can see her in her Marshall position during the meeting at least.

We picked up our meatball sundaes at the end of the April meeting. What a meeting it was! Good food, great company, and excellent presentation followed by a short business meeting. We also celebrated Embla's birthday! Don't worry if you missed it, you can join us for the May meeting, we look forward to seeing you soon!

There are lots of exciting events coming up soon. Norway Day, summer luncheon and Grand Lodge Convention to name just a very few. Come out and join us in the fun!

In Kindness,
Charlotte Sweet
Chief Coffee Maker



CULTURAL DIRECTOR'S REPORT

I think we all would agree that our visit by Marilyn Schroeder was an immersive experience. If you missed it, you missed out! She brought some of her collection of Norwegian and Swedish antique linens and bridal gifts and explained what it would have been like to be an immigrant bride in the early 1900's. Shan's daughter, Zia,

looked amazing in an early 1900's white linen dress with hardanger work on the top and skirt. One of Marilyn's friends modeled Marilyn's own Swedish costume she wore for her wedding. There was a quick change and Zia had a chance to model a hardanger bunad with a wedding crown. We all had fun taking selfies with the wedding crowns! Marilyn also brought a ton of goodies to raffle off, there were lots of winners at the meeting. If you missed her in April, I will have her come back next year - she has stories and textiles to share about the Vikings!

Here are some tips from Marilyn about getting stains from your vintage linens. Test first and if your linen has red embroidery or red fabric keep a bowl of ice water handy to stop red from running. Make your repairs after cleaning, you'll have a better chance of matching the thread.

- Rust stains - Whisk
- General whitening -Oxyclean and boiling on the stove
- Stubborn stains -Whitening toothpaste rub it in the fibers
- Ink stains -Aquanet hairspray



Marilyn Schroeder

At our May meeting we will have a visit from Erik Moe, Masters student at the University of Washington. Erik is researching the Centennial of the Restauration and will be sharing about his research plus telling us about the Norwegian Program at the University of Washington. In addition our own Karen Chapman will share her research on the Restauration.

~Lisa Carlstrøm Yagen

(Pictures on the following page)



From left: Zia, Marilyn's Swedish costume she wore for her wedding - modeled by Marilyn's friend, Kathi Skarbo modeling a wedding crown, Shan and Zia Rayray with hardanger items

EMBLA MEMBER BIRTHDAYS – MAY & JUNE

5/05	Julie Touchette	6/03	Elizabeth (Betty) Williard
5/06	Suzy Johnston	6/03	Stephanie Wood
5/08	Lynda Collins	6/04	Lyn Dalan
5/11	Megan Jensen	6/07	Shannon Rongen
5/11	Shirley Peterson	6/08	Pamela Shull
5/12	Ellen Campbell	6/22	Melody Stepp
5/12	Tina Riffle	6/23	Astrid Dorum
5/13	Janet Ruud	6/25	Charlotte Sweet
5/14	Kari Stackpole	6/25	Nicola Tollefson
5/17	Mary McGoran	6/27	Laura Anderson
5/22	Kathy Alvord	6/27	Lynn Alice Evertsen Coleman
5/25	Chris Wittstock	6/29	Mai (Crystal) Hartwell
5/27	Christina Sherrod	6/30	Jennifer Mayhew
5/29	Christine Anderson	6/30	Annette (Rudsdil) Falk
5/30	Linda McCrea	6/30	Tonia Simpson
5/31	Haley Sotak Kautz		GRATULERER MED DAGEN!!!

TRU EARTH LAUNDRY DETERGENT will be for sale with the proceeds going to our **Embla Scholarship Fund**.

Help save the earth and help a student that receives a scholarship for the first year of college.

I will have the detergent sheets for sale at each meeting. An envelope for 32 washes is \$15. The product is made in Canada and they provide a fundraising program. This laundry detergent will help save the earth by keeping plastic bottles out of the landfill. The product is environmentally friendly, biodegradable and eco-friendly. They can be used with front load, top load and HE (high efficiency) machines.

Please consider supporting our Embla Scholarship Fund.
More information will be provided at the meeting.

~ Carol Else Scholarship Chair



17th OF MAY

Syttende Mai Celebration

Parade: Please join your Embla, Solveig and Valkyrian Lodge sisters to march in the parade in Ballard on May 17. We are planning to march together in one big group this year. The parade begins at 4:00 pm, and we will begin lining up between 3:15 and 3:30 pm. Julie Touchette will fill out the online parade entry form once it's available, and there will be hold-harmless agreements for everyone participating to sign. We are looking into renting a van so that we can ride to Ballard together.

Lunch: Tickets for the luncheon at the National Nordic Museum are \$125.00 and are being sold online now. Last year tickets sold out in two weeks. Luncheon check-in begins at 10:30 am. Please let Julie Touchette know if you are attending the luncheon at the museum, and she will make sure we can all sit together. There will also be food for sale at Leif Erikson Lodge from 1:00 - 4:30 pm.

Entertainment: There will be free entertainment at Bergen Place from 11:00 am - 3:30 pm and at Leif Erikson Lodge from 1:00 - 4:30 pm.

Pins: This year's commemorative pins are now available! They are \$10 each. Julie will make a trip to Ballard on April 23rd to pick up pins that our members pre-ordered from her.

For more information about the parade, entertainment, luncheon menu, etc. please visit <https://www.17thofmay.org>

Please email Julie Touchette at julibn1@aol.com to answer the following questions:

- 1) Are you marching in the parade with the three Daughters of Norway lodges?
- 2) Are you interested in carpooling in a rented 15-person van so that we can all go to Ballard together as a group?
- 3) Would you be willing to drive the van?
- 4) Are you attending the luncheon at the National Nordic Museum and want to sit with your lodge sisters?
- 5) Would you like to order a 17th of May pin?

~Julie Touchette

EMBLA MEMBERSHIP DIRECTORY IS NOW ONLINE!!!

1. Go to daughtersofnorway.org
2. Click on the 3rd tab from left LODGES at top of screen
3. Click on LIST OF LODGES and scroll past the map to the list
4. Click on **#2 Embla**

From there you click on **Lodge Directory** to view our Membership Directory. It is password protected. The password is: EmblaLodge#2-2024

If you have any corrections or updates to the directory, please send them to the following email address: EmblaLodgeMembership@gmail.com. Carla Skog, Chris Engstrom and Chris Wittstock will be monitoring it.

The current issue of the Nyheter is also there, **Nyheter - March/April** (Embla Lodge #2 Newsletter).

Mange Tusen Takk to Carla Skog and Chris Engstrom for all their hard work in getting this going!!!

If you need access to the **Members Page** (from the Members tab). It is also password protected.

The username is: dnsister

The password is: Norway#1

~Shan Rayray



OCTOBER COOKING CLASSES

As you will recall, the Spring 2025 Cooking Classes were cancelled due to a major leak in the kitchen downstairs in the Scandinavian Cultural Center. The good news is that the SCC has scheduled our fall classes already. They are:

- **Tuesday, October 14**
- **Tuesday, October 21**
- **Thursday, October 30**

Now we just need to hope that all is repaired by those dates, and we can move forward. As always, I am looking for demonstrators. Please consider lending us a few hours on one of these mornings. Classes run from 10:00am to about 12:00. If you demonstrate, you will need to arrive before 9:00 and stay until about 12:30.

Do think about joining us. This is a fun thing to do, filled with lots of laughs and friendship. Plus, it really helps Embla as Cooking Classes are a long-standing tradition within our lodge.

And now a favorite recipe from a previous class...*See what you missed!!!*

NORWEGIAN KRINGLA COOKIES

Ingredients:

6 c flour	1 ½ c sugar	1 tsp vanilla
2 tsp baking soda	¾ c buttered softened	1 c buttermilk
½ tsp salt	2 eggs	1 c sour cream



Directions:

Mix flour, baking soda, and salt in a medium bowl, set aside. In a large mixing bowl combine sugar, butter, eggs, vanilla, buttermilk, and sour cream. Slowly add dry ingredients to the wet ingredients.

Place dough on a floured board and shape it into ball. Wrap in wax paper and chill for 2 hours. Preheat oven at 400 degrees. On parchment paper sheets, roll pencil thin, then 8 – 10" logs. Shape into figure 8's or pretzel like bows. Brush cookies with milk and sugar.

Bake for 8 minutes, Cool on sheets 5 minutes, transfer to cooling racks.

~Carlene Garner



BROWN BEAR CAR WASH TICKETS

Spring is here and summer is quickly approaching so it's time to make that car shine once more. We continue to sell Brown Bear Car Wash tickets as a fund raiser for Embla. The tickets are now **\$10** for a wash that costs **\$12** if purchased at Brown Bear so you are **saving \$2** and the great bonus is that you are supporting Embla.

Please mail me a check and I will mail the tickets to you. My address is 2317 126th Ave Ct. E. Edgewood WA 98372. I do have a locked mail box so your check will be safe. Or you can email me at dlnelson25@comcast.net or call me at 253 370 0730 to order your tickets and send a check made out to Embla.

Proceeds from the sale of the tickets go to help the delegates expenses to attend the Daughters of Norway Convention that is held every two years.

~Diane Nelson

SCC OFFERING TOURS FOR DAUGHTERS OF NORWAY MEMBERS

The Scandinavian Cultural Center has open hours on the following days, and there will be a docent there to address any questions. Also, we can schedule tours by appointment for groups.

Sunday May 4 th	1-4 pm
Tuesday May 6 th	12-3 pm
Wednesday May 7	12-3 pm
Tuesday May 13	12-3 pm
Wednesday May 14	12-3 pm
~Lisa Ottoson	



Rosemaling Class at PLU- Scandinavian Cultural Center with Marilyn Hansen



29, 30 & 31 May 2025

9:30am to 3:30pm daily

Costs: \$75 fee for the 3 days instruction

Supplies: \$14 to use the instructor's oil paints

\$14 buys 2 brushes from instructor

\$14 buys an 8" backgrounded plate from instructor

\$42 Total

Wear Old/Paint Clothes! We get paint on ourselves. Remember to bring your own lunch. Register: 425.765.3694 *Welcome!*

LEIKARRING SCHEDULE

Dear Embla Sisters,

Our Leikarring group will be practicing on the **12th of May and in June, the 9th and the 23rd**, at Bethlehem Lutheran Church from 2 -3 pm in our Embla Lodge meeting area.

All Embla members are welcome to join us for an hour of dance, fun and exercise. No experience necessary!
~Carol Voigt

PLEASE SIGN UP TO HELP

NORDIC FESTIVAL SATURDAY, OCTOBER 11 2025

There are many volunteer opportunities for the Nordic Festival to be held on Saturday, October 11, 2025 from 10 am to 4 pm at Mt View Lutheran Church in Edgewood Washington. Volunteers can be Embla members or family and friends of Embla members. **We cannot put this event on without all of you.**

NORDIC FESTIVAL CHAIRPERSONS: Diane Nelson 253 370 0730 or 253 891 7147 or dlnelson25@comcast.net and Carlene Garner 253 752 6080 or cagarner@mindspring.com

COMMITTEE CHAIRS ARE AS FOLLOWS:

FACILITIES: Diane Nelson 253 891 7147 or dlnelson25@comcast.net

ADVERTISING: Jackie Rydel jackiejacobsonjr@gmail.com or Mai Hartwell 253 268 3152 or meetupdiva@gmail.com

CAFETERIA: Suzy Johnston 253 906 2508 or studiogirltoo@comcast.net

COOKIE & LEFSE BAKING: Diane Nelson 253 891 7147 or dlnelson25@comcast.net

COOKIE SALES: Julie Touchette 253 846 2034 or julibn1@aol.com

ADMITTANCE AND GREETERS: Wendy Neptun 253 878 2026 or weneptun@hotmail.com

CHILDREN CRAFT AREA: Wendy Neptun 253 878 2026 or weneptun@hotmail.com and Kate Emanuel French 253 301 0193 or kate.french.wfg@gmail.com

ENTERTAINMENT: Shan Rayray 253 847 9898 or rogalandgirl@gmail.com

CATERER: Janet Ruud 253 988 6825 or ruudj1norw@aol.com

HEALTH DEPARTMENT: Janet Ruud 253 988 6825 or ruudj1norw@aol.com

COFFEE/WATER SET UP: Diane Fatland 206 947 8776 or dianefatland@gmail.com

PROGRAM: Janet Ruud 253 564 2832 or ruudj1norw@aol.com

SIGNS: Diane Nelson 253 891 7147 or dlnelson25@comcast.net

VENDORS: Melody Stepp 253 678 6210 or melody.stepp@gmail.com and Karen Chapman 253 227 1972 or 65roses@net-venture.com

The following volunteers are needed. Contact the appropriate chairperson or Diane Nelson to sign up.

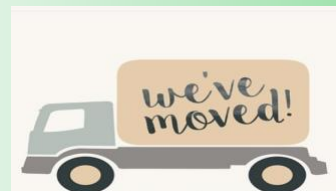
1. **Lefse** baking days from 9 am to 4 pm on **Friday, August 8 and Friday, August 15**, at Mountain View Lutheran Church.
2. **Cookie** baking days from 9 am to 4 pm on **Friday, October 3, Tuesday, October 7**, at Mountain View Lutheran Church.
3. Bake **Scandinavian** cookies at home to be sold at the Nordic Festival. Bring them to Mt. View Lutheran Church on Friday, October 3 or Tuesday, October 7. **You can also bring them to the Embla meeting on October 4. We encourage you to bake cookies at home.** Be sure to label your cookies with what they are.
4. Sell cookies on October 11. Shifts available are 10am to 12:00 noon, 12:00 noon to 2pm, 2pm to 4pm.
5. Set up crew on Friday, October 10 from 2:00 pm to 6:00 pm. Take down crew on Saturday, October 11 from 5:00 pm to 6:00 pm.
6. Cafeteria table clean-up and empty garbage on October 11. Shifts available are 10am to 12 noon, 12 noon to 2pm, 2pm to 4pm.
7. Admittance tables. Shifts available are 10am to 12 noon, 12 noon to 2 pm, and 2pm to 4pm.
8. Greeters. Shifts available are 10am to 12 noon, 12 noon to 2pm and 2pm to 4pm.

DUES ARE PAST DUE!!!

We will be collecting dues at the May meeting. Some sisters have yet to pay their 2025 dues. If you haven't paid your 2025 dues, **we will miss you!**

Those who haven't paid their dues by the May meeting, will be **dropped from membership.**

Thank you to all who have paid and have a great summer!
~Jo Hurd



HAVE YOU MOVED? NEW PHONE NUMBER? CHANGES???????

Send corrections for directory to
Carla Skog-Messman!!!!

carlaskog@aol.com

253.761.2663 or
253.752.3907

Let's stay
connected!!



PAST PRESIDENT'S LUNCHEON 4/14/25

From left: Carlene Garner, Marilyn Mahnke, Lisa Ottoson, Judith Willison, Karen Bell, Shan Rayray, Diane Nelson, Janet Ruud



JUST FOR A LITTLE LAUGH

The Olson family built a fancy new house in town and they were anxious to show it off to their friends. So they sent out invitations for a party.

On the party night, Mrs. Olson suddenly remembered they didn't have any toilet paper for their fancy indoor bathroom. She sent Mr. Olson out to buy some, but no stores were open. So they settled on cutting up some of Mrs. Olson's old dress patterns which were made of tissue paper.

The party was a success and afterward, two of the Norwegian ladies were discussing how fancy everything was. "Yah," said Mrs. Thorson, "dey are so fancy dat dey got special toilet paper, some marked "Front" and some marked "Back!"

Source: Red Stangland's Son of Norwegian Jokes

MEATBALL SUNDAE CREW & PROFIT

134 Meatball Sundaes sold	\$670.00
Potatoes, gravy, etc.	-82.71
Lingonberries	-79.84
13 bags meatballs	-194.87
Net profit	\$312.88

The net profit does not include any expenses for the packaging materials.

~Data: Jane Howard





Embla Lodge #2
Daughters of Norway

4612 North 18th Street
Tacoma, WA 98406

ADDRESS SERVICE REQUIRED

