



Daughters of Norway

(Døtre Av Norge)

February 2026
februar 2026

Hulda Garborg Lodge #49

Founded August 29, 2009



My Dear Sisters From Lodge President
Sheryl Zinsli szinsli865@aol.com
949-436-0071

Dear Sisters,

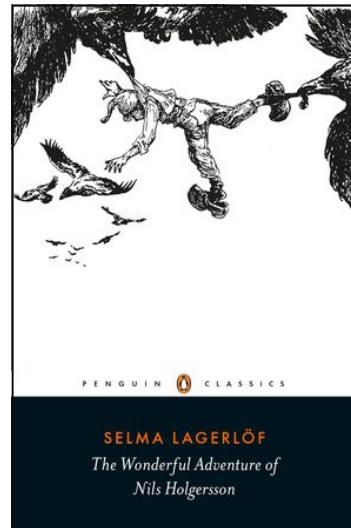
February's meeting is our Sweaters and Soups meeting. Our potluck lunch is soups; please text me what you will bring for lunch. We are also going to be wearing Scandinavian sweaters. A picture of everyone will be taken before lunch. Our cultural program will be reviewing February celebrations.

At our January meeting we gained a new member, Stephanie, and found out that a member, Judy, from Nevada, is transferring to our lodge. Come and meet them at our February meeting. We also installed two members into the lodge and our new officers were initiated

Check out the calendar of events at Vesterheim (<https://vesterheim.org>) for courses and classes for the month. There are some classes online. Check them out. February 18, 2026 there is a zoom presentation on the book (*above right*) *The Wonderful Adventures of Nils*, a classic Swedish tale, mischievous farm boy Nils Holgersson is shrunk to a tiny size by an elf as punishment for his laziness and cruelty toward animals.

Check out the online cooking classes. These are just a few of the courses that Vesterheim offers for February.

Med vennlig hilsen,
(With kind regards)
Sheryl Zinsli, President



Hulda Garborg Lodge #49

Meets at Fallbrook Regional Health District
1636 E. Mission Road • Fallbrook, CA 92028

Correspondence:

Melissa Resnick, Secretary
P.O. Box 3006 • Fallbrook, CA 92088
maresnick@aol.com

3rd Saturday of each month

General Meeting 10:00 am
Program 11:00 am

Happy Birthday!
Gratulerer med dagen!

♥ Anna 16 Feb. ♥ Betsy 16 Feb.

♥ Morgan 19 Feb. ♥ Margaret D. 20 Feb.

♥ Elisia 26 Feb. ♥ Denise 28 Feb

What's Inside

Norway winter, Dues info, book club p. 2

Member profiles: Barbara F. & Barbara J p. 3

Member profile Helen & Norway Day at Temecula

Valley Museum p. 4

Horse Riding Traditions, Norse Board game piece p.5

February is one of the coldest months in Norway with temperatures ranging in the 20–30°F (-7–1°C) range. There are only 8-9 hours of daylight so February is one of the best months before spring to see the northern lights. It also has the lowest number of foreign travelers. Although most of the mountains



are full of skiers it is said that you can find lots of cozy hotels and festivals.

Festivals like the Birken Skifestival in Rena. Skiers follow the same route that a group of skiers took during Norway's civil war back in 1200 to carry the young prince Haakon Haakonsøn to safety. Participants today are still required to wear a backpack as a symbol of carrying the weight of that child.



You can go to the Ice Music Festival in Finse. This musical event has created a winter setting made of ice, including stages and instruments!

There are many other musical festivals during the month. You can also watch the national reindeer racing championship during the Sámi Festival in Tromsø which runs down the Main Street of the city on February 6th. This is a week long festival (February 2-8) where the Sami culture and heritage are celebrated.

Membership Due by March 31st

Sisters your 2026 Membership of \$38 is now due.

Checks, cash or Zelle payments can be made at the February Meeting. Checks (DON Hulda Garborg #49) can be sent to Margaret Dewey 24089 Crowned Partridge, Murrieta, CA 92562.

Zelle payments DON Hulda Garborg #49 or use Zelle code

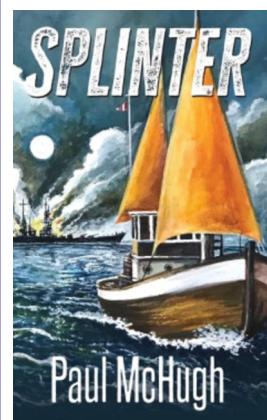
Scan this code in your bank's app to pay
HULDA
HuldaGarborgLodge49



Zelle®

BOOK CLUB - is starting a new book-*Splinter* by Paul Mc Hugh. It is a story of 2 teenagers who become part of the Norwegian Resistance during WWII. It is currently free on Kindle or you can purchase a paperback edition. Please let me know by text or email if you are joining us so I can keep you informed of meetings.

Happy Reading,
Margaret Dewey
951-217-9268 Mjdewey20@gmail.com



Member Story—Barbara Felder

Barbara Skoor Felder: I was born and raised in Seattle, WA and attended the University of Washington for college. I moved to Southern California in the 90's and eventually settled in Oceanside. I teach math in Vista.

My paternal grandfather immigrated to Washington State in 1900 from Hyllestad Norway, along Sognfjord. He married an American woman whose father immigrated to Minnesota around 1870 from Denmark.

But there's more.... My morfar's farfar (maternal grandfather's paternal grandfather) immigrated to Salt Lake around 1850 from Ringsaker, Norway (near Lillehammer) and married a woman who immigrated to Salt Lake from Bornholm, Denmark.

So, I have Norwegian and Danish on both sides of my family. I joined DON to learn a little more about my ethnic heritage. I feel like I missed out since most of my immigrant ancestors were male and didn't bring their traditions with them the way women usually do.

Member Story—Barbara Judd

Who am I? Barbara!

Born and raised in San Bernardino. Youngest of four. Worked at San Onofre Nuclear Plant 32yr. Retired 2012. Bought my Oceanside condo 1984. Watched it being built.

Joined Sons of Norway 1996. A board member almost every year of my 30+ years there.

Joined Daughters of Norway in its second year. I was Financial Secretary and still am Sunshine Sister (many years.)

My favorite Hulda Garborg times are craft days making head wreaths and Gnomes. And selling them at the Festivals.

I've gone to most DON conventions around the country. Minneapolis and Seaside Oregon are my favorites. I drove all our sales items to Oregon.



I'm 50% Norwegian! Mom's grandparents migrated to Minnesota in 1895.

I've gone to Norway three times. DON's Baltic cruise was one of those times.

Throughout my life I've traveled to 17 countries and 45 states. My last trip was Greece.

Looking forward to finishing the Trustee term (1 yr.) Look forward to 2026 craft days.

I love socializing... I play Mahjong twice a week, belong to Fallbrook Woman's Club, involved politically and continue to learn Norwegian things with DON and SON.

What I love most in the world is my Buffy !(at left)
I'm Barbara



Member Story—Helen Westerlund-Davis

I am Helen M Westerlund-Davis. I am the new Cultural Director for the Hulda Garborg Lodge of the Daughters of Norway.

I am an experienced educator with Swedish and Sámi heritage. I am deeply committed to both teaching and cultural education, with a particular focus on Scandinavian history, traditions, and living culture. Sámi heritage. Throughout my career, I have been deeply committed to both teaching and cultural education, with a particular focus on Scandinavian history, traditions, and living culture.

I have had the opportunity to present cultural demonstrations and educational programs at Viking festivals, Society for Creative Anachronism events, and with various Scandinavian cultural and heritage organizations. These experiences have allowed me to share not only historical knowledge, but also the values, craftsmanship, storytelling, and curiosity that keep these traditions meaningful today.

My daughter Sarah Rose Davis is the new Scribe for the Døtre. She has already written three articles for the Døtre. She is a high school Senior at Christian Heritage High School in San Diego and will be graduating this June. She is an artist, historian, and has been my partner in our cultural presentations.

Sarah Rose and I have created a guild called the Southern_cal_Saami (can be found on

Instagram under this name) in which we present our Southern Saami heritage and culture. Our mission is to provide historical and cultural education regarding the Saami culture and identity. We recognize our Indigenous roots and support many Indigenous rights and cultures. We are not a concept or a costume. Our website is southerncalsaami.my.canva.site



Visit Helen and Sarah at the ...

Old Town Temecula Museum ... Each month they will be celebrating a different country starting in February with Norway. ***We will be present so please visit us there.***

Norway

February 14, 2026
11:00am-1:00pm

Join us for the first Culture Days of 2026, celebrating the country of Norway!

Enjoy two free crafts as well as refreshments all while learning about the history and culture of this country.

This event will take place from 11 am to 1 pm at the Temecula Valley Museum.

Located in Old Town Temecula at 28314 Mercedes St, Temecula, CA 92590

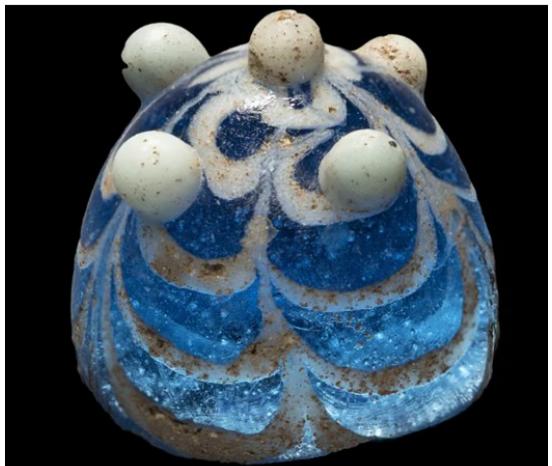




Horse riding
—A Family Tradition

Above: Joy's Norwegian Grandmother still riding at 90 years old.

Right: Mike and Joy riding the hills of Catalina Island



Board-game piece from period of first Viking raid found on Lindisfarne

Small glass 'crown' thought to be rare archaeological link to first Norse raiders. The piece of worked glass unearthed during an excavation on Lindisfarne. *Photograph: Jeff Veitch*

It is not large – the shape and size of a chocolate sweet – and might easily have been discarded as a pebble by a less careful hand.

But a tiny piece of worked glass unearthed during an excavation on Lindisfarne has been revealed to be a rare archaeological treasure linking the Northumbrian island with the Vikings, from the very beginning of one of the

most turbulent periods in English history.

Archaeologists believe the object, made from swirling blue and white glass with a small "crown" of white glass droplets, is a gaming piece from the Viking board game hnefatafl ("king's table"), or a local version of the game.

Whether dropped on the island by a Norse raider or owned by a high-status local imitating their customs, the gaming piece offers a rare tangible link between Lindisfarne's Anglo-Saxon monastery and the culture that eventually overwhelmed it.

To read more, go to <https://www.theguardian.com/science/2020/feb/06/boardgame-piece-first-viking-raid-found-lindisfarne-archaeology>