



Daughters of Norway (Døtre Av Norge) Hulda Garborg Lodge #49



October 2026
oktober 2026

Founded August 29, 2009

My Dear Sisters From Lodge President
Sheryl Zinsli szinsli865@aol.com
949-436-0071

Hello sisters,

I'd like to start out by thanking Margo D., Barbara F., Barbara J., and Autumn R. for volunteering their time to help at our Hulda Garborg Daughters of Norway table during the Viking Festival. They did a wonderful job selling our crafts and talking to ladies about our lodge. *(below Autumn and Sheryl)*



Thank you to Cary S. and Laurel B. who helped set up the table on Thursday before the festival. Everyone sold lots of our gnomes, head wreaths and Scandinavian dolls during the two day festival.

We had a long list of ladies interested in the Daughters of Norway and hopefully some will become future members and sisters.

We have scheduled a craft day for Saturday, October 3rd at Diane Gravlin's home making gnomes. Please think of attending. You can learn how to make darling gnomes.

Time: 1-4 pm

Date: Saturday, October 3, 2026

Location:

31612 Wrightwood Road
Bonsall, CA

We need a head count of all coming so RSVP to Sheryl at (949) 436-0071 or at szinsli865@gmail.com

October 10th is the Scandinavian Festival and we will be selling cookies. We could use a couple of bakers to help make cookies. If you would like to help please contact me at szinsli865@gmail.com.

Come shop and visit us there. This will be
Continued on page 2

Hulda Garborg Lodge #49

**Meets at Fallbrook Regional Health District
1636 E. Mission Road • Fallbrook, CA 92028**

Correspondence:

TBD

3rd Saturday of each month

General Meeting 10:15 am

Program 11:00 am

Happy Birthday!
Gratulerer med dagen!

♥ Erin 2 Oct. ♥ Joy 3 Oct.

♥ Autumn 5 Oct ♥ Janna 14 Oct.

♥ Margot 29 Oct ♥ Debra 30 Oct.

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Mine Kjaere Søstre Fra Lodge Prez *cont'd*
 our third year at the Scandinavian Heritage Festival. There are lots of things to see, eat, and buy. I'm planning on the Swedish meatball lunch plate they sell for my lunch and will try (it will be hard and I will probably fail) to avoid the Scandinavian desserts that they also sell along with their luncheons.

Hope to see everyone at our next meeting on October 17th.

Sweden: "Bus eller godis!" (Prank or treat!)

Norway: "Knask eller knep!" (Tritely translated as crunch/treat or trick) or "Digg eller deng!" (Candy or a beating!)

Sheryl



**SCANDINAVIAN
HERITAGE FAIR**

Date: October 10, 2026
Time: 11am – 3pm

Place: Norman P. Murray Center
 24932 Veterans Way
 Mission Viejo, CA 92692

Displays of: - Bunads - Knitted Sweaters 99th Infantry Battalion (Separate)	Preparation of Traditional Foods: - Aebleskiver - Krumkake - Lefse and Norwegian Waffles	Demonstrations of: - Rosemaling - Spinning - Weaving - Wood Carvers - Wood Burners
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Also featuring products from

- Norrdesign T-Shirts
- Joan Johnson Watercolor Cards
- and Many More Scandinavian Vendors





My Experience at the Viking Festival

submitted by Margot D.

I helped at the Viking Festival on Sunday afternoon, but as I am nursing a wrenched knee, I did not venture away from the DoN table or take pictures.

I did meet many local Daughters and enjoyed being part of the Home Arts tent that featured fabric arts with spinners and weavers demonstrating their tools and skills, rosemaling artists and wood carvers and other handcrafted items.

Judging from the festival goers who strolled through our tent, a majority of the booths and vendors in other areas focused on warrior garb, warrior facepainting, and weapons. We sold flower head wreaths while they sold swords and shields.



Viking Festival Report

Submitted by Judy Lucas

The Vista Viking Festival was an exciting and exhausting experience. The Daughters of Norway were inside the Cultural tent. The Cultural tent also featured the Fiber Arts group, Rosemaling with Astrid Fisher, genealogy, and wood carving. I dropped off some head wreaths that I had made for Hulda Garborg to sell.

My main focus was on the Walk MS Photo Opp Booth. Denise Parise, a local artist, donated hand painted rocks to the MS booth (*see photo below*). Melinda Thrasher, granddaughter of Bonnie Gjerde, was there to tell people about multiple sclerosis.



Both Vista High and Rancho Buena Vista provided student volunteers who were fulfilling their community service requirements. These young people were terrific. Paula Montagna was there all day, both days! Her dedication is always a blessing!!

We outfitted festival guests in weapons, helmets, and shields then took their photos with their own phone cameras. Donations were gratefully accepted.

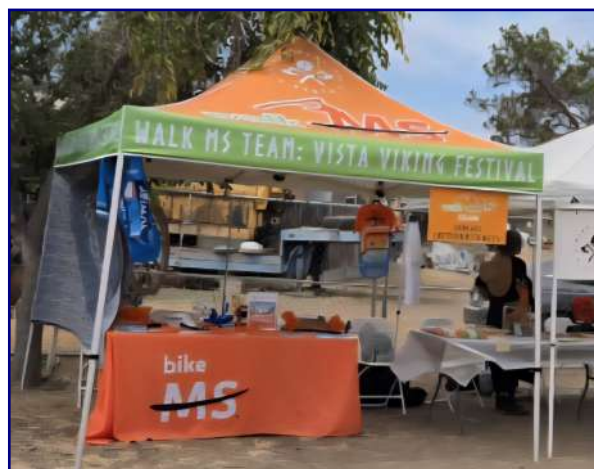
One hundred per cent of the donations are credited to the Vista Viking Festival Walk MS Team and go to the National MS Society. This is our biggest fundraiser all year.

It was a very busy weekend as the Vista Viking Festival was on both Saturday and Sunday. We will do it again next year.

Judy Lucas

Team Captain

Vista Viking Festival Walk MS Team



The new MS canopy provided by the Viking Festival Committee



Brenda Miller and me with some of our props in the photo opp Viking ship built by Ray Reifel



Tired but happy sisters Sheryl Zinsli and Judy Lucas

Vista Viking Festival September 19 & 20, 2026

Photos submitted by Cary Sullivan, taken by Cary and Carol Evans

Daughters of Norway table next to the genealogy table (see page 1)

At right: Daughters of Norway table

Below left: Fiber group weighted loom demo

Below right: Viking festival fiber group sales table



Above: Fiber group demo table, at left close up

At right: Spinning Demonstration dragon Inkel loom, painted by Astrid Fisher

More photos on next page



Vista Viking Festival September 19 & 20, 2026 cont'd.



Left: Rosemaling Demonstration, above left: Chris (Astrid's sister), Lynne, Astrid; above: banner



Far left: Viking festival kits for sale, weaving, small dragon looms, nalbinding, lucet, woven hearts
Below: genealogy table
Below left: Viking ship
Bottom; Damekor



Vesterheim Upcoming Classes

Rosemaling and Painting

- ★ *Cultural Connections: Contemporary Rosemaling (Webinar)* with Tara Austin
Online, October 4 (3:00-4:00 pm CT), Free

Rosemaling a Snowflake in the Hallingdal Tradition with Lise Lorentzen
Online, Three Thursdays, October 29-November 12 (4:00-6:00 pm CT),
Non-Member/Member \$180/\$165

- ★ *Cultural Connections: Decorative Wall Paintings of Sweden (Webinar)* with Pieper Bloomquist
Online, November 22 (2:00-3:00 pm CT), Free

Rosemaling Holiday Birds on Ornaments with Rachael Saum
Online, December 13 (1:00-4:00 pm CT),
Non-Member/Member \$115/\$105



Weaving and Fiber Arts

Skiing Gnome Tapestry, Advanced Skill Builder with Laura Berlage
Online, Seven Mondays, October 26-December 7 (2:00-4:00 pm CT),
Non-Member/Member \$420/\$380

Mittens inspired by a Midwestern Landmark with Laura Ricketts
Online, Three Mondays, November 2-16 (6:00-7:30 pm CT),
Non-Member/Member \$150/\$135

Intermediate Hardanger Embroidery with Shan Rayray
Online, Five Tuesdays, November 3-December 1 (3:00-5:00 pm CT),
Non-Member/Member \$235/\$215

Design Your Own Embroidered Shirt with Steph Anderson
Online, Three Thursdays, January 14-28 (6:30-7:45 pm CT),
Non-Member/Member \$140/\$125

Heritage and Language

Level 2 Norwegian Language with Berit Skogen
Online, Eight Tuesdays, October 6-November 24 (6:00-7:00 pm CT),
Non-Member/Member \$155/\$140

Level 4 Norwegian Language with Lianna Torres
Online, Eight Tuesdays, October 6-November 24 (7:30-8:30 pm CT),
Non-Member/Member \$155/\$140

Norsk i Sammenheng: Water in Norwegian Folklore with Evelyn Galstad
Online, Six Tuesdays, October 6-November 10 (6:00-7:00 pm CT),
Non-Member/Member \$115/\$105

- ★ *October Bokprat: The Wild Duck by Henrik Ibsen* with Dr. Maren Anderson Johnson
Online, October 28 (7:00-8:15 pm CT), Free
- ★ *November Bokprat: Lady from the Sea by Henrik Ibsen* with Dr. Maren Anderson Johnson
Online, November 11 (7:00-8:15 pm CT), Free
- ★ *December Bokprat: The Bell in the Lake by Lars Mytting* with Dr. Maren Anderson Johnson
Online, December 16 (7:00-8:15 pm CT), Free
- ★ *January Bokprat: The Wife by Kristin Lavransdatter* with Dr. Maren Anderson Johnson
Online, January 20 (7:00-8:15 pm CT), Free

In person classes are not shown. For more info go to vesterheim.org/folk-art-school/